



FRIENDS OF THE MOUNTAINS-TO-SEA TRAIL

2023 ANNUAL REPORT

Dear Members and MST Enthusiasts:

2023 was a monumental year for Friends of the Mountains-to-Sea Trail with exciting new additions to the trail and many opportunities to celebrate the MST.

In 2023, Friends of the MST and the state of North Carolina also commemorated Year of the Trail, a statewide campaign to encourage everyone, regardless of ability or background, to get outside and experience the rich diversity of trails our state has to offer.

There were too many great moments from the year to acknowledge them all, but building and unveiling an eastern terminus marker at Jockey's Ridge State Park is certainly one of the highlights. We also hosted ribbon cutting events to open new sections of trail in multiple locations, connected with new communities about the MST, built new partnerships, celebrated the MST at events and welcomed new friends, members and supporters to the MST community.

Thanks to state funding from the Complete the Trails Program, we were able to tackle more projects and complete more trail miles, and we're excited that this momentum helped lead to additional funding for trails in North Carolina.

Of course, none of this success would have been possible without the steadfast support from our volunteers. Whether helping build new trail, maintaining and repairing existing trail, representing the MST at festivals, building connections across the state or working behind the scenes to support Friends of the MST, volunteers are truly the heart of the trail and we're so thankful for each and every hour of time someone gives to support the MST.

One of the highlights of every year is our Gathering of Friends and in 2023, we had a great event at NC Central University in Durham to share updates on the MST, celebrate successes and build community.

2023 was extremely successful for the organization and the trail and with that progress we stay focused on Friends of the MST's primary activities:

- Working toward a fully off-road trail by planning and building new trail sections and securing land and easements for trail access.
- Maintaining built sections of trail so that they are safe, accessible and have minimal impact on the surrounding natural environment.
- Helping all people find and enjoy the trail and get involved.
- Ensuring that our activities and the trail itself are welcoming to everyone, including people from underrepresented communities.
- Engaging volunteers to support the trail and build a trail community.
- Raising funds to accomplish all these goals.

I'm honored to be part of an organization focused on its goals and capitalizing on opportunities to grow the MST. Moving forward, we'll need every member of the MST community to come together and support what can be a transformative few years for the trail. I look forward to joining you in that effort.

Thank you,
Marcia Bromberg
Board President 2023

THE MOUNTAINS-TO-SEA TRAIL AND YEAR OF THE TRAIL

2023 was a monumental year for the Mountains-to-Sea Trail (MST) and North Carolina as the state celebrated the Year of the Trail.

All across the state, people were encouraged to explore the diversity of trails North Carolina has to offer, from epic trails spanning hundreds of miles like the MST to the short nature trail in your community park.

On the MST, significant progress was made in 2023 as new trail sections opened, new partners and friends were welcomed to the MST community and the eastern terminus got a new look with the unveiling of a terminus marker at Jockey's Ridge State Park.

It was inspiring to see a dedicated and passionate community of volunteers, donors, advocates and friends come together to celebrate the MST and all trails in 2023, and the team at Friends of the MST is excited to see what the future holds.

Complete the Trails Program

While 2022 was officially the first year that funding from the state's Complete the Trails Program (CTP) was available to North Carolina's official state trails, much of that year was spent building the program from scratch. However, in 2023 funds from the program began moving in earnest and Friends of the MST was able to lead the way among trails in the state.

We were the first trail in the state to build new trail with CTP funds as we added an additional mile of trail at Bentonville Battlefield State Historic Site in 2023. Through a combination of professional trail builder and volunteer efforts, and thanks to an amazing partnership with the staff at the historic site, we were able to plan, fund and build a new section of trail in less than a year, which we celebrated with a formal ribbon cutting in September. The new trail not only extends the MST but allows the battlefield to interpret an important piece of the battle that has never before been accessible to the public.

Funding from CTP allowed us to build and install an eastern terminus marker for the MST at Jockey's Ridge State Park (more on this project below).

CTP funding also helped us in planning and designing a new bridge over Turnbull Creek in Bladen Lakes State Forest that is a critical component to opening six new miles of trail in Bladen County.

Working with partners, we leveraged CTP funds to help fund acquisition of a large property on the Dan River in Stokes County that will be part of the MST route in the future.

We also secured CTP funds in 2023 to reroute a section of the MST in the Linville Gorge area to create a much more sustainable trail.

Cover: Ribbon cutting at Bentonville Battlefield © Matt Zeher (NC Dept of Natural and Cultural Resources); Below: Eastern terminus marker ribbon cutting at Jockey's Ridge State Park





Top left: MST ribbon cutting at Hines Chapel Preserve; Top right: Segment 4 volunteer workday; Bottom right: Bladen County bridge ribbon cutting © Stephanie Barnhill Neal

As part of CTP, Friends of the MST received just over \$1.25 million through a competitive grant process for land acquisition projects. Funds for land acquisition through CTP are open to all state trails through a competitive application process and can be used to acquire property or easements to expand trails. Once the acquisitions are finalized, the grants we were awarded through this program will create exciting and important new MST connections.

Friends of the MST has been a leader in proving how critical CTP funds are for trails and how nonprofit organizations like us can leverage state funding efficiently and effectively for trail development.

State funding for trails is already proving to be a transformative investment, and we're looking forward to continuing the great progress made in 2023.

New Terminus Marker

One of the most exciting projects of 2023 was the building and unveiling of an eastern terminus marker for the MST at Jockey's Ridge State Park. The marker was designed by Friends of the MST staff member Ben Jones to be harmonious with the unique landscape at Jockey's Ridge and of such a scale to encourage interaction and

draw the attention of hikers and visitors alike. Working in partnership with the state park, the marker was constructed of materials you'd find on the Outer Banks, like dock pilings, and anchored deep into the ground to withstand the shifting sands.

After completion, we hosted a well-attended unveiling ceremony at the end of September with MST supporters, members of the local community, civic leaders, elected officials, NC State Parks leadership and many others. In the short time since then, we've already seen the marker become an iconic spot on the MST and a must-see site at Jockey's Ridge State Park.

New Trail

Working with our partners, and with the help of volunteers, we were able to open multiple new sections of trail in 2023.

SEGMENT 6

A new approximately one-mile section of the MST was opened in Surry County. The new trail adds to the growing network of MST in the Elkin area, and we were honored to join the ribbon cutting celebration as part of NC Trail Days.



SEGMENT 9

With our partners in Guilford County, our volunteers built a new 1.3 miles of trail on the Hines Chapel Preserve, part of Guilford County’s parks and open space program. The new trail follows Reedy Fork and creates additional natural surface trail in a fast-growing part of the county.

SEGMENT 12

Friends of the MST built the first CTP-funded trail in the state at Bentonville Battlefield State Historic Site in Johnston County. The new one mile of trail connects to the existing 2.6 miles of trail that was already on the ground at Bentonville. For our partners at the state historic site, the new trail also allows for historical interpretation on a part of the battlefield that had never before been accessible to the public.

SEGMENT 13

In early 2023 we officially opened a new one-mile section of MST at Turnbull Creek Educational State Forest in Bladen County. The new trail was only possible because of the short trail bridge we built at the end of 2022. Future work will connect this new section to an additional six miles of new MST in the area.

Guides, Signs and Kiosks

Friends of the MST is the definitive resource for information on the Mountains-to-Sea Trail. We produce and regularly update online trail guides to ensure hikers have access to the most up-to-date information on the trail. We also post updates on trail closures that may occur and offer reroute alternatives for hikers.

In 2023, we launched the MST on FarOut, the premier navigational app for long-distance trails. We will continue to work with FarOut to ensure any relevant trail updates are represented in the app as well as our online

resources. Since its launch in March 2023, thousands of people have downloaded the MST on FarOut.

We also continue to install MST trailhead kiosks where we have the opportunity, including at the newly opened trail at Bentonville Battlefield and one at Falls Lake, and work with our partners on trailhead signage whenever a new section of MST opens.

Engagement

During 2023 we had the opportunity to work with new partners, build new relationships and reach new communities through our outreach work. One of the more exciting projects was a partnership with Lenovo on their Work for Humankind project. Students from Elizabeth City State University, an HBCU (Historically Black College or University) in northeastern North Carolina, explored three different segments of the MST—from Cherokee to the Outer Banks—documenting their efforts and creating tangible projects like an informational kiosk in Burgaw and an app that translates from English to Cherokee.

We also represented the MST at dozens of festivals, community events, speaking engagements and more in every corner of the state to reach new and diverse communities and share our love for the Mountains-to-Sea Trail.

In partnership with the Town of Roseboro, we hosted a community event to celebrate the MST and recognize notable figures from the town’s African American history that are highlighted with engraved bricks along the MST through Roseboro.

Trail Improvements and Task Force Updates

In 2023, our dedicated team of MST volunteers put in more than 42,000 volunteer hours! Volunteers play a critical role in ensuring the MST remains safe and accessible and we're so thankful for each and every person that dedicates even an hour of time to supporting us and the MST. We also hosted chainsaw trainings to ensure our volunteers are certified and prepared for chainsaw work on the MST. From clearing downed trees to repairing bridges to dealing with erosion issues on the trail tread, the MST simply wouldn't function without their hard work and dedication. Below are just some of the highlights from our dedicated volunteers across the state.

SEGMENTS 2-3

Our partners in the Carolina Mountain Club (CMC) celebrated their 100th birthday in 2023 and, as they do every year, stayed hard at work maintaining the 125+ miles of MST they are responsible for in the western mountains around Asheville.

SEGMENT 4

Worked on a significant reroute of the MST near Chimney Gap in Linville Gorge. This new reroute will replace a badly eroded and unsustainable section of trail with new trail that also opens up beautiful views of the Linville Gorge.

SEGMENT 8

Volunteers finished construction of the new trail at the Hines Chapel Preserve in Guilford County and identified

several other important bridge and boardwalk repair projects in Greensboro.

SEGMENT 9

Alamance County volunteers constructed new trail in Saxapahaw that will eventually be part of the MST and the Haw River Trail.

Orange County volunteers worked on new trail next to Occoneechee Speedway, maintained the existing trail and cleared invasive vegetation from on and around the trail.

SEGMENT 10

As the longest stretch of off-road MST in the piedmont, volunteers in Segment 10 remained busy keeping the trail in good condition and accessible for hikers. That includes cutting back vegetation, repairing bridges and boardwalks, litter clean up on the trail and at trailheads, maintaining backcountry campsites and more.

SEGMENTS 11-12

Worked in partnership with Friends of Johnston County Parks to officially recognize them as the MST task force in Johnston County, which includes parts of Segments 11 and 12.

SEGMENT 16

Volunteer leadership spearheaded a reroute along Croatan National Forest roads to avoid a significant wet location and provide a better overall experience. The new route ended up being 1.6 miles shorter than the previous route.

■ MST birthday hike with Latinos Aventureros





MST birthday hike with GirlTrek

Trail Planning

Trail planning efforts continue to move forward as we leverage the funding resources available to the MST through the Complete the Trails Program to outline trail improvements from the mountains to the sea.

Some of the highlights from our 2023 planning work include:

- Hanging Rock State Park: Working with our partners in State Parks, we created a plan to finalize a new MST section that will connect Hanging Rock State Park to downtown Danbury.
- Bentonville Battlefield: After opening a new one-mile section of trail, we quickly began conversations with our partners at Bentonville Battlefield State Historic Site to identify the next opportunities for building additional trail.
- Pondberry Bay Preserve: Worked with local and state partners on an agreement to allow public access to the preserve and planned for future trails in the area.
- Bladen Lakes State Forest: Focused on planning and design work for a nearly 200-foot bridge that will cross Turnbull Creek and once completed, will create six new miles of MST in the area.
- Holly Shelter Game Land: Began the master planning process for a new off-road section of MST on

property that we helped acquire for addition to the game land. The new MST section will eventually shift long-distance hikers off a busy road and onto natural surface trail in Holly Shelter Game Land.

- Carteret County: Continued planning work and pursued opportunities to create significant new MST miles around the North River.
- Cumberland County: Led planning efforts to identify opportunities to build the first natural surface MST in the county.

The Gathering of Friends and Birthday Month

In 2023, the MST community came together for our annual Gathering of Friends at North Carolina Central University in Durham. The multi-day event highlighted the MST in the Triangle and some of the rich history of the area. We honored volunteers and hikers, shared exciting progress from across the trail and enjoyed the opportunity to build community with so many enthusiastic MST supporters. We also talked about ways to grow and diversify the MST community and how to engage people from all backgrounds and experiences with the trail. Friends of the MST staff and board left the annual event feeling inspired and ready to take on the challenges ahead.

Our 46th birthday in September featured more than 20 group hikes across the state, a 46-mile Challenge and a special fundraiser to support the trail. The MST's birthday month is always a great opportunity to celebrate the MST community, and in 2023 we took the opportunity to celebrate Year of the Trail at the same time.



Year of the Trail

In 2023, North Carolina celebrated the Year of the Trail, a statewide effort to encourage everyone to get out and explore the diversity of our state's trails.

The campaign highlighted that wherever you live in North Carolina and no matter your experience or ability there is a trail for you. Friends of the MST staff played a key role in organizing the Year of the Trail, which reached millions of people through thousands of events in nearly all 100 counties, hundreds of media stories, statewide billboards, paid advertising and more.

Challenges

40 HIKE CHALLENGE, COMPLETERS

2023 saw a slight decrease in the number of MST completers, with 10 people officially completing the entire trail. As interest in the MST continues to grow and more people discover the trail, whether as long-distance hikers or weekly walkers, we're always evaluating the trail and finding ways to improve hiker amenities and add additional resources for long-distance hikers.

The 40 Hike Challenge was launched in 2020 to coincide with the release of our day hike guide, *Great Day Hikes on North Carolina's Mountains-To-Sea Trail*. In 2023, 23 people completed the challenge by hiking

different and diverse sections of the trail in every part of the state. The 40 Hike Challenge is a great opportunity for those who want to experience all the MST has to offer without completing the entire 1,175 miles.

Trails Funding

In 2023, thanks to the leadership of the Great Trails State Coalition, of which Friends of the MST is a founding member, the state of North Carolina passed a historic budget for trails funding. The highlight was the creation of the Great Trails State Program, funded with \$25 million, which will be a competitive grant program for new trail development and extension of existing trails, including paved trails, greenways, and natural surface trails for biking, hiking, walking, equestrian use, and paddling. The budget also added an additional \$5 million to the Complete the Trails Program for North Carolina's official state trails, including the MST.

Organizational Updates for Friends of the MST

In 2023, Friends of the MST thanked Tammy Proctor and Susan Hester for their years of service on the Board of Directors. We were excited to have Karl Anderson of Greensboro join the Board in 2023.

At Friends of the MST, we're so thankful for everyone who supports the Mountains-to-Sea Trail in whatever way is meaningful to them, whether as donors, volunteers, hikers or sharing their passion for the trail with others. We are inspired by the MST community and the collective commitment to building the MST and growing its community of supporters and friends. Thank you for all you do.

BOARD OF DIRECTORS

JANUARY 1, 2023 TO DECEMBER 31, 2023

Marcia Bromberg, President, Asheville

Heather Cotton, Vice President, Marion/Black Mountain

Lynne Bresler, Treasurer, Chapel Hill

Angela Lee, Secretary, Chapel Hill

Karl Anderson, Greensboro

Jerry Barker, Raleigh

Carl deAndrade, White Lake

Bob Dillard, Bolivia

Larry Humbert, Belmont

Randy Johnson, Banner Elk

Tammy Kelly, Louisburg/Kinston

Susan Hester, Chapel Hill

Les Love, Weaverville

Mike Parker, Cherokee

Tammy Proctor, Hampstead

Beverly Scarlett, Hillsborough

STAFF

Brent Laurenz, Executive Director

Betsy Brown, Associate Director

Jim Grode, Trail Resource Manager

Elizabeth Hipps, Operations Manager

Ben Jones, Coastal Crescent Project Manager

Sherri Seagroves, Membership and Engagement Coordinator

FINANCIAL STATEMENTS

January 1, 2023 to December 31, 2023

ASSETS	12/31/2023	12/31/2022
Cash & cash equivalents	\$556,701	\$651,472
Certificates of deposits	160,963	-
Beneficial interest - MST Forever Fund	343,760	306,530
Net fixed assets	947	1,891
Beneficial interest - endowment	94,133	85,029
Operating lease right of use	46,129	14,915
Deposits and Long term pledges	61,462	30,409
TOTAL ASSETS	\$1,264,165	\$1,090,336

LIABILITIES & NET ASSETS

Current Liabilities

Accounts payable	\$24,601	\$15,705
Refundable advances	53,800	37,617
Operating lease liability	46,351	15,138

Net Assets

Without donor restrictions

Available for operations	425,879	299,646
Board designated - specific purposes	10,000	10,000
Board designated - MST Forever Fund**	343,760	306,530
Board designated - endowment*	80,623	71,519

With donor restrictions

Restricted - specific purposes	265,641	320,671
Restricted in perpetuity - endowment*	13,510	13,510

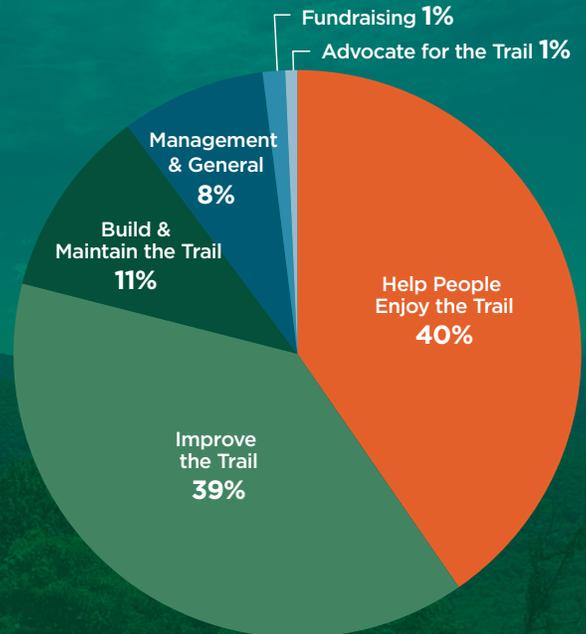
TOTAL LIABILITIES & NET ASSETS	\$1,264,165	\$1,090,336
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*The endowment is held at the NC Community Foundation

** MST Forever Fund is held at the Triangle Community Foundation

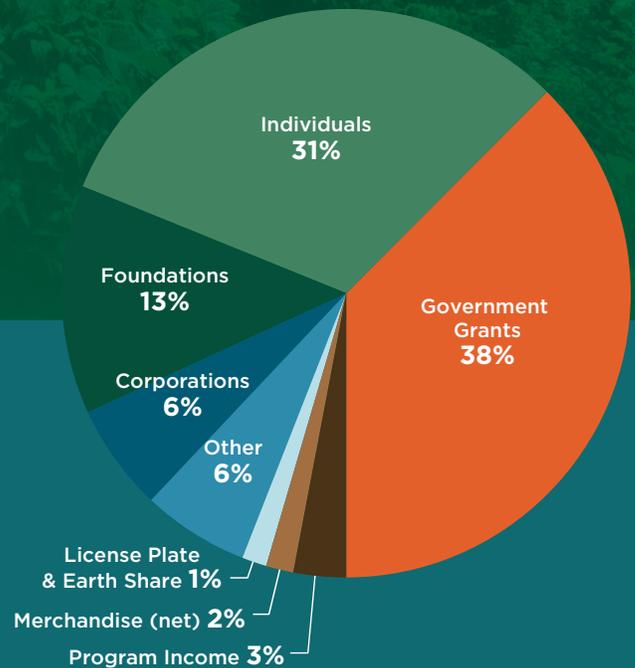
Expenditures by Program Area

Total Expenditures = \$934,502



Sources of Income

Total Income = \$1,052,038.90



VALUE OF VOLUNTEER LABOR

In 2023, MST volunteers worked 42,182 HOURS to support the trail. At the State Parks assigned rate of \$27.20 per hour, these volunteers DONATED TIME WORTH AN ADDITIONAL \$1,147,350.40 to the MST.

2023 Friends of the MST Donors

Trailblazer Circle \$10,000+

Anonymous
Bank of America
Harold Erickson
Garrett Family Ever Forward Foundation
Grifols
John and Margaret Lanman
Lenovo
Les & Catherine Love
REI

Trailblazer Circle \$2,500 to \$9,999

American Eagle Outfitters Foundation
Athletic Brewing
Jerry and Sandy Barker
Danny Bernstein
Marcia Bromberg
Carl and Dianne deAndrade
Kate Dixon and Dan Wilkinson
Duke Energy
Foliage Concepts
Great Outdoor Provision Co.
Richard C. Huelsman
Richard McFall
Michael Reves
Tanawha Adventures c/o Camp Grier
Target
Marcia Tice
Williams

Trailblazer Circle \$1,000 to \$2,499

Heather Alley
DeWana Anderson
Bernard and Holly Arghiere
Atkins Family Foundation
Edward Bacon
Bailey Family Foundation
Beverly Bell and Lucy Piner
Iwona Birk
Bo Newsom Fund of the Douglas County Community Foundation
David and Laura Bourne
Bill and BJ Boyarsky
David Brendle
The Bresler Foundation
Joseph Burns
Bill Chatfield and Jean Marie McManus
J.K. Coward, Jr.
William Dickason
Bob Dillard and Cecily Lohmar
Elizabethtown-White Lake Chamber of Commerce
Buffy Elizabeth Ellis
James Erlinger
Falconwood Foundation
Ben and Libby Fehsenfeld
David and Lucy Fountain
Robert and Jane Fruehwirth
Frank Gailor
Chris and Odile Gould

Jan Grossman and Lynn Heinrichs
Susie Hill
Pamela Hoffman
Paul Hosier
Larry & Melissa Humbert
Robert and Laura Johnson
Johnston County Endowment Fund
Robert and Julie Keely
Patti Keith
David Lipschutz
Lisa Lorenzin
Luke Lucas
Mike Malaska
Julie Marusich
Lawrence McManus, Jr
Kelly Mcrae
Stephanie Mitchell
Sara Nolan
Allen and Rhonda Parker
Alan Parry
John and Karen Pepin
Allan Pharr
John M. Pope
Rich and Marilyn Preyer
William and Mary Ann Pruehsner
Anne Rajagopalan
Ruda Foundation
Sampson County Tourism
Myles Standish
Ann and David Stuntz
Keith Warren
William Stern Foundation
Shawn and Charlotte Williams
Williamson Family Fund
Constance Winstead and Robert Glenn

Trailblazer Circle \$500 to \$999

Alamance County Visitors Bureau
Karl and Christy Anderson
Allison Armieri
Ascendant Imaging
Julien Booth
William and Leigh Bordley
Gail Boyarsky and Walter Fowler
Lewis and Barbara Boyles
Cooper Brantley
Joel S. Bulkley
Sidney Callahan
J Alan Campbell
John & Ann Campbell
Rick Cavallaro
Heather Cotton
Greg Current
Travis DeMartini
Mike Dieffenbacher
David Dowd
Brian Eichner
Eno River Association
Eno River Brewing
Amy Fowler
FREY 24 Health
Ted Fulmore

Kathleen Gainey
Gates Foundation
Kathryn Gavaghan and Scott Sanner
Eric Hallman and Elizabeth Woodman
Susan Hardwick
Susan Hatch
Susan Hester
John and Anita Howell
Peter and Sandra Jacobi
Joe Van Gogh
James D. Johnson
Susan Kelly
Amado Farm Ladd
Ken Low
Lunsford Richardson Preyer
Charitable Lead Unitrust
Larry Mallett
Roger and Gini Mays
Melissa McCullough
Bill and Alice Meador
Steve and Donna Metcalf
Carlton Midyette
Eric Motzno
Mountains to Sea Fund at CFWNC
Angela and Edward Palek
Pavliv Family Charitable Giving Fund
Steve and Janice Pierce
Kenneth Pugh
Zane Purvis
Scarlett Household
Heather Sewell
Simpson Household
Mary Stafford
Jason Taylor
Robert Trawick
William Vann
Carolyn Ward
Ronnie Weed
Frank Werner
Alonzo Wickers
Paul and Marilyn Woodall
Greg and Germaine Yahn
Scott Zimmerman

Trailblazer Circle \$250 to \$499

Ann and Lex Alexander
Paula and David Applegate
Alison Arter
Sydney & David Atkinson
Jim and Barbara Avery
Jim Bell
Bellhop
Bill and Sandie Blackley
Chris Blanc
Tom and Teresa Blue
Blue Ridge Hiking Club
David Boaz
David Boyd
Kirk Bradley
Laura Braswell
Lynne Bresler and Mike Vaught
Y Brugh
BS Troop 11

Dr. John Buckwalter and Dr. Ester Poza
Bull City Running Co.
Sean P. Burke
Dennis Burns
Camp Clearwater
Bill Campbell
John and Jennifer Cates
Bill & Veronica Clark
Michael Comer
Michael Conn
Carolyn Crump
Marcy Curtis
Martha Cutler & Douglas Blackford
Amy de Jongh
Jeffrey and Janet Dektor
Line Dempsey
Onita Dodds
Francis Donahue
Tom and Diane Duane
Austin DuFresne
Alison Durham
EGIS, P.A. Well Water & Downhole Services
Hardin Engelhardt and Ron Wilder
Equinox
John Fenton
Gordon Ferguson and Bobbi Owen
David Forsythe
John French and Robin L. Wright
Drs. John and Janet Garrett
Robin Gieniewski
Jonathan Giles
Brad and Heather Gillespie
Give Lively Foundation
Nancy Glenz
David Green
Shan Guo
Julie and Jason Hall
Kristen Hammett
Karen Hammett
Ronald M. Hart
David Haygood
Lauren Holahan
Larry and Elizabeth Horrell
Allan Howell
Chellie Joines
Bert Jones
Kathie Kalmowitz
Ray Karnes
Kathy Kidd
Debbie & Scot Kiggans
Lisa Kimball
Lelia Kirkman
Doreen Knedlik
Karen Lachow
Philip Lambe
Kathryn Larson and Laura Coffee
The Larson Family Fund
Howard N. Lee
David and Susan Lennox
Robert Lucas
Dan Lutz
Gerald Main
Courtney Mann
Ed and Phyllis Marsh
Agnes Marshall

Happy Martin
Johnny Massey
Margaret McCann
Bill McCloud
Doug McGlasson
Maggie Mead
Becca Mericle
Paul Mikuta
Anna Miller
Kenneth Mitchell
Volker Mittendorf
Richard Moore
Andrew and Elaine Morse
Mountain Modern
Melanie Mueller
Richard Nifong
David Nutt
Jason Pass
Toby Patterson
Matthew Perry
Mary Ann Petruska
Rubestene Potter
Bobbi L. Powers
Meggy and Robert Rader
Don Rice
Ripstop by the Roll
Jeffrey Robertson
RootED
Mark & Dolly Rose
Carolyn Sakowski and Alton Franklin
Laura and Andrew Sam
Caydee Savinelli
Steven Schewel and Lao Rubert
Beth Tornek Schulman
Elizabeth Searles-Bohs
Steve Shimp
Jack Shirey
Billy Simcox
Dwight Simmons
Luke Simmons
Sandra Simpson
Dan Singer
Will Sneed
Adam Snyder
Brant Sprunger
Tracie Stolove
Thomas Stopyra
Christian and Marjorie Streck
Scott Stump
Dwayne Stutzman and Sara Davis
David Thoenen
Betty and Clark Thomas
Tommy L. Thomas
Will Truslow
Robert Turner
Wade Household
Kristin & Jeff Walker
Cyndy Weeks
Charles and Connie West
Shelton and Delores Wilder
Billy Williams
Robin Williams
Sarah Williams
John Willis
Al and Linda Woelfle
Sean & Amy Wojdula
Betty Womack
Meg and Win Word-Sims

Carter Worthy
Smedes and Rosemary York
ZenBusiness

20+ Years

Carol Banaitis and Sarah Hogan
Lillian A. Benton
Danny Bernstein
Piet B. Bodenhorst
Lewis and Barbara Boyles
Jeff and Amy Brewer
Nancy L. Corman
Mike Davis
Kenneth and Carol Deal
Robert and Sarah Dixon
Mark Edelstein
Jim and Jennie Hallsey
Alan Householder
Marian and Tom Jerdee
W. Phil Kanoy
David and Susan Lennox
Johnny Massey
Joe, Laura & Michael Mavretic
Richard McDowell
Margaret Newbold
Gregory Scott
Mike and Ruth Simpson
Becky and Rocko Smucker
Dwayne Stutzman and Sara Davis
Matthew Terribile
David Thoenen
Chris and Kathy Underhill
Wade Household
Ron Walker
Donald and Jean Walton
Michael and Shirley Willett
Billy Williams

15 to 19 years

David Aaronson
Bernard and Holly Arghiere
Tim and Michele Aydlett
Bes Baldwin
Jerry and Sandy Barker
Sindy Barker
Bob Beach
Don B. Bergey
Mike Bianco
David Bland
Blue Ridge Hiking Club
Bill Borden
Richard Bostic
Blair Bowers
James T. Bowles, MD
Jeffrey N. Branim
Charles Braswell
Lynne Bresler and Mike Vaught
Bull City Running Co.
Bill Bussey
Ellen Caldwell
Joseph Cook
David B. Craft
Carolyn Crump
Mike Dayton and Kelly Chambers
Thomas and Kimberly Dellinger
Thomas Dillon and Grace Mauney

Kate Dixon and Dan Wilkinson
Richard Evans
Will and Donna Farmer
Gordon Ferguson and Bobbi Owen
David and Lucy Fountain
John French and Robin L. Wright
Frank Gailor
George Gergues
Karl Gottschalk
Great Outdoor Provision Co.
GSK
Jane Gurganus
Ozzie Hackett, Jr.
Mary Hagan
Heidi and Andrew Hannapel
Pamela Hoffman
Bill Holman and Stephanie Bass
Larry and Elizabeth Horrell
John and Anita Howell
Richard C. Huelsman
Peter and Sandra Jacobi
Robin and Barry Jacobs
James D. Johnson
Robert and Laura Johnson
Randy Jones and Marcia Lieber
Phillip and Emily Keel
Elizabeth King
John and Margaret Lanman
Lewis Ledford
Ayden and Betty Lee
Trisha Lester
Les & Catherine Love
Lloyd MacAskill
Agnes Marshall
JoEllen and Tammy Mason
Margaret McCann
John and Sandy McCulloch
Stephen Pomeroy and Pamela Mears
Kenneth Mitchell
Eric Motzno
Maurita Paprocki
Bernadette Pelissier
Allmuth and George Perzel
Cheryl Peterson
Allen Poole
Frank G. Potter
William and Mary Ann Pruehsner
George C. Rawlins
Wade Rawlins and Judith Tillman
REI
David G. Rice
David Rogers
Mark & Dolly Rose
Carolyn Sakowski and Alton Franklin
Steven Schewel and Lao Rubert
Rich Shaw and Holly Reid
Susan and Bill Simpson
Barbara Smith
Francine Stephenson
Jim Suiter and Alison Gunn
Brenda Summers
Bud and Hayden Taylor
Tommy L. Thomas

Benjamin Neal Trotter and
Laura Marley-Trotter
Doug Veazey
Kristin & Jeff Walker
Shelton and Delores Wilder
Shawn and Charlotte
Williams
John Willis
Constance Winstead and
Robert Glenn
Al and Linda Woelfle
Carter Worthy
Smedes and Rosemary York

10 to 14 years

Barbara A Vargochik
Bonnie Adams
Michael Adams
Alamance County Visitors
Bureau
Joanie Alexander
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Bernadette Goodman
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Glen Greenstreet
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Patrick Haller
Kenneth Hammerstein
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Gayle Hartis
Mark Hartman
Susan Hatch
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Bob Hillyer
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Maggie Schlubach
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Carol and Rick Sessions
Amy Shaheen
Phyllis Shaw
Kirk Shearin
Steve Shimp
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Luke Simmons
Mel Skiles
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Greg and Linda Smith
Randall K. Smith
James N. Smoak
Jeanne Sommer
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Marge Stoddard
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Department
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Christian and Terrie Thoma
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Jane and Frank Thomas
Leslie Tobin
Ken D. Tolin

Ginger Travis
Robert Trawick
Will Truslow
William Vann
Garry & Ruth Vogelpohl
Vance and Ginny Waggener
Jimbo Ward
Keith Warren
Carroll Webber
Ronnie Weed
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Peter White
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Edward Wilson
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Brenda D. Worley
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Randall Zirkle
Zoller Household

5 to 9 years

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Carole Anderson
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Leonard Anderson
Marilyn Anderson
Nancy Anderson
Roberta Andrews
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Timothy Arn
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Edward Aul
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Laura Braswell

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Laura Bumgarner
Tom Buob
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Anne Davenport
Julyan Davis
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Carl and Dianne deAndrade
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Jeffrey and Janet Dektor
Line Dempsey
Jerry DeWitt
Bob Dillard and Cecily
Lohmar
Onita Dodds
Sandra Dorr
Shelagh Doyle
Duke Energy
Doris Duncan
Penni Dunn
Heather Ebert
Marcia Eickmeier
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Hardin Engelhardt and Ron
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Woodruff and Helen Faulk
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Suzette Foster
Fourqrean Household
Amy Fowler
Grant Fowler
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Garrett Family Ever Forward
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Sanner
Ginny Ghezze
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Jonathan Giles
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Ed Gram
David Green
Jane Green
Gail Greene
Lisa and John Grice
Dianne Griffin
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Jan Grossman and Lynn
Heinrichs
Frank Grubbs
Bill Grunwald
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George and Cecilia Martin
Happy Martin
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Val and Dan Matena
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Phillip McCullough
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Mat Notaro	Patricia Snider	Daniel Alexander	Monica Black	Torin Bussey	Maureen Corbett	Laura Donaldson
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Becky Prescott	Tom Weaver and Kathleen O'Donnell	Bailey Family Foundation	Kenneth Boyd	Brian Cawley	Sarah D'Amato	Eno River Association
John Pye	Mike Weeks	Carolyn Baker	Joe Brady	Gerald Cecil	Joanna D'Ancona	Eno River Brewing
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Karen Reese	William West	Regina Baratta	Rebecca Bratcher	Haseena Charania	Brew and Jennifer Pharr	Roger Ericson
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Jeffrey Robertson	Marijean Williams	Joe Barycki	Martha Briley	Derek Chrisco	Davis Family Foundation	Ed Evans
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Nancy Rogers	Debora Williamson	Woody Bass	Jordan Britton	Cisco	Ashley DeCarme	Linda Evans
Kelly Ross	Paul Witty	Amber and Jeff Batten	Gary Brock	Larry Clapp	Shannon DeCoursey	Mary Evans
Mark and Leslie Rostan	Betty Womack	Sharon Baugh	Mary Brock	Ansel Clark	Andy Deekens	Kelly Evenson
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Kelly Sawczyn	1 to 4 years	Rachel Beck	Andy Brown	Charles Coble	Michael Dempsey	Andrew Fansler
Jackie Schieb	Marge Abbott	Danny Bell	Karen Bruce	Kathleen Cockrell	Terri and Ted Dennison	Doug Farmer
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Alexander Fowler	Cindy Gudeman	Lauren Holahan	Cliff Kelley	Elizabeth Lavalette	Kelly May	Susan Moore
Oliver Fowler	Laura Gullede	Cheryl Hollister	Tammy Kelly	LaVere Household	Nancy Maynard	Wendy Moore
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Missy Frantz	Marshall Gurley	Skyler Holt	Gregory Keniston	Bill Learn	Kevin McCabe	Christy Morley
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Lea Frederick	Dell Hagwood	Amy Hoogervorst	Jon Kesler	Edward LeCluyse	Brian McConkey	Penny Morris
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Kenneth Friedman	Jennifer Hamby	Roxane Howerton	Lisa Kimball	Karen Lissy	Richard McFall	Anne Moscrip
Linda Fryar	Jon Hamdorf	Craig Hoxie	Jonathan Kimrey	Marlys Litchfield	Jim McFayden	Mountains to Sea Fund at CFWNC
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Christian Funder	Kristen Hammett	Thomas Hughes	Mike King	Alexander Lloyd	Karen McGlothlin	Melanie Mueller
Matthew Funk	Margaret and Pete Hampson	Thomasin Hughes	Kendall Kirk	Deborah Lloyd	Ryan McGovern	Lou Muglia
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Joanne Gardner	Tod Harper	Madeline Jaekle	Doreen Knedlik	Jeff Long	Lawrence McManus, Jr	Elaine Myers
Heather Garland	Wayne Harper	Bruce Jeffers	Rachel Knoepfel and John Dwyer	Charlotte Longfield	Katherine McMaster	Julie Myers
Liz Garriques	Ricky Harris	Steph and Andrew Jeffries	Ryan Knudsen	Deanna Lord	Melissa McMurray	Sharon Myers
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Brian O'Connor	Lisa Pressley	Isaac Rosenberg	James Serne	David Stanley	Jill Trufant	Kent Wilcox
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Pat O'Leary	Eric Prince	Diana Rosier	Ann Severeid-Miller	Robert and Susan Stanley	William Tucker	Mike Wilhite
James Oliver	David Proffitt	Kristin Rosser	Heather Sewell	Shane Stansbury	Harry Turfle	Tommy Wilhoit
Doug Olsen	Karen Prohonic	Erica Rothman	Jo Ann Shaffer	Josh Steele	Stephen Turner	Russel Wilkenloh
Tim & Jennifer O'Neill	Courtney Prothero	Billie Rouse	Maria Biilinski Shain	Karen Stegman	Richard Uveges	Karen Wilkins
Anne & Kirk Ossewaarde	Suzanne Puckett	Debra Routh	William Shankle	Zac Stephenson	Elizabeth Valsing	Weston Wilkins
Crayton OSteen	Kenneth Pugh	Ruda Foundation	Melissa Shannon	Gary Stepp	Laura Van Meter	Beverly Williams
Ian Ostrowski	Zane Purvis	Laura Rudkin Miniot	Benjamin J. Sharp	Susan Stern	Holly Van Norman	Brenda Williams
Stephen Otto	Deborah Radisch	Elke Ruggaber	Herb Shelly	Scott Stevens	Anneliese Vanderheyden	Greg Williams
Forest Ouimet	Brian Rafter	Kevin Rumsey	Barry Shelton	Sarah Stewart	Matthew Villo	John Williams
Michael Overcash	Steve Ragan	Joanna Rupert	Tyler Shely	Nicholas Stillman	Ashley Vines	Megan Williams
Janet Page	Anne Rajagopalan	Susan Rupp	George Shepherd	Jennifer Stockdale	Donald Von Hagen	Melissa Williams
Elizabeth Paley	Lynn Randolph	Jill Ruppenkamp	Andrea Sherk	Mark Stoffan	Greg Von Hofen	Rich Williams
Zach Pan	Katie Rankin	Edward Ruse	Matthew Sherman	Tamra Stokes	Matthew Vooris	Robin Williams
Athena Parker	Edward Rankus	Kathy Rushing	Steve Sherman	Patricia Stone	Kevin Vorenkamp	Sarah Williams
Edy Parker	Bill Raspet	Duncan Russell	Guy Sholar	Oliver Stoutner	Gates and Nancy Vrooman	Annette Williamson
Murray B Parker	Laura Rauen	Seth Russell	Michael Shremshock	Christian and Marjorie Streck	John Vuolo	Williamson Family Fund
Rosa Parker	Millie Ravenel	Raymond and Bonnie Russolillo	Audrey Shull	Scott Stump	John Wagaman	Andra Willis
Alicia Parr and Remy Crumpler	James Ray	Linda and Richard Rutherford	Lei and Brian Shura	Ann and David Stuntz	Wynn Wagenseil	Stephanie Willis
Tim Paschall	Mia Raymond	Lea Rutter	John Siddons	Paul Suddes	Christina Wagoner	Bob and Michelle Willix
Michael Pasquith	Smith Raynor	Christy Rymer	Siegel Household	Dan Sullivan	Lynda Wagoner	Nancy Wilson
Bob Patten	Paul Raytick	Lindsay Salmons	Brian Siegel	Daphne Sullivan	Mark Wahl	Terry Winn
Dwayne Patterson	Anthony Read	Salty Turtle Raleigh	Dwight Simmons	Kevin Sullivan	Diane Wahlers	Vickie Winters
Toby Patterson	Elizabeth Read	Emily Samfield	Corey Simon	Marcia Sullivan	David Walbert	Kathleen Wise
Pavliv Family Charitable Giving Fund	Kate Read	Sampson County Tourism	Laura Simpkins	Christy Summers	Michael A Walcher	Witcher Household
John Peace	Jean Redding	Michael Samson	Joanne & Brian Simpson	Andrea Sumner	Lauren Walens	Robert Witter
Tracy Pearson	Jaclyn Redman	Michael Sander	John Simpson	Paul Sumner	Katharine Walker	Sean & Amy Wojdula
William Pearson	Nancy Reed	Harriet Sansone	Sandra Simpson	Shawn Swafford	Samantha Walker	Debora Wood
Brian Pehlke	Gordon Reed	Lew Saphar	Dan Singer	Mary Swain	Karen Wallace	Justin Wood
Joanne Pelligra	Nancy Reed	Wendy Sarratt	David Singleton	Robbie Sweetser	Romaine Waller	Richard Wood
Terri Pensabene	Kimberly Reynan	Charles Sasser	Peter Sites	Vincent Tagliatela	Diane Walsh	Susan Wood
Pepsi Co	Julie Reynolds	Sam and Chuck Sather	Tori Slater	Jessica Talbert	Ryan Walsh	Paul and Marilyn Woodall
Matthew Peretin	Jonathan Rhoades	Kelly Sauvage	Alan and Maureen Slay	Tanawha Adventures c/o Camp Grier	Ronald Walther	William Woodall
John Perkins	Steve Rice	Caydee Savinelli	Christine Slinsky	Davis Tapp	Carolyn Ward	George S. Woodruff
Paul Perryman	Tony Rice	Wesley Sawyer	Maggie Sloane	Target	James Ward	Mark Woodruff
Jon Pershke	Joseph Richards	John Saxon	Steven Slott	Virginia Tarleton	Wendy Ward	David Woody
Amy Peters	Bonnie Richardson	Maggie Scarborough	Curtis and Mary Smalling	Linda Tatsapaguh	Naomi Warren	Meg and Win Word-Sims
Jeff Peters	Emma Richardson	Scarlett Household	Jim Smallwood	Lajunne Tatum	Tim and Sarah Warren	Bonnie Wright
Kara Peters	Jacqueline Richardson	Ginger Schaarschmidt	Smith Household	Heather Terhune	Amy Waters	Cheryl Wright
Eric Peterson	Leanne Richbourg	Jacob Scheff	Cynthia and Matthew Smith	Edwin Tetenbaum	Randal Waters	Jack Wright
Amanda Pettenati	Nancy Rickerson	Adam Scheiderer	Eric Smith	Jo Tew	Battle Watkins	Jennings Wright
Lynn Pettipaw	Doug Riddle	Walter Schield	Hollis D. Smith	Keith Tew	WazeHive	Mark Wright
Meredith Petty	Ben Ridings	Susan Schleh	Kevin Smith	Angela Thatcher	Harold Weaver	Steven Wulfekuhle
Allan Pharr	Edward Ridpath	Paul Schlosser	Stephen Smith	Theresa Thiel	Stephen Webb	Paul Wulfing and Priscilla Estes
Seletha Pherribo	Alexandra Rieger	Dottie Schmitt	Tyler Smith	Andrea Thomas	Timothy Webster	William Wyatt
Heather Phillips	Cammy Riemann	Randy Schmitz	Beth Smith Shuey	Ellie Thomas	Cyndy Weeks	Michael Wyman
Laura Phillips	Phillip Riley	Gregory A. Schneider	Will Sneed	Katherine Thomas	Michelle Weeks	Julia Yeargan
Dave Pietruszynski	Jeffrey Rinz	Jordan Schoff	Brian and Vanessa Snow	Thomas Household	Daniel Weemhoff and Martha Bradley	Diane Yendell-Day
Matthew Piunti	Ripstop By the Roll	Ann M. Schoonover and Kelly T. McKee, Jr.	Brandi Snyder	Sabre Thompson	Jennifer Weiss	Sharon Yetter
Leanne Pizio	Natalia Rivadeneyra	Jay Schrass	Gordon Sollars	Heath Thornton	Ben Wells	Dennis Young
Alison Plaisted	Cris Rivera and Beth Stringfield	Larry Schrock	Michael Somero	Marcia Tice	Doug Wells	Lora Young
Lisa Plante	Clifford Robbins	Alex Schroder	Garth Somerville	Sean Tikkun	Emily Wells	Mike Young
Karen and Allen Plaster	Pam Robbins	Thomas Schroder	Walter Sorenson	Wesley Tilley	Joe Wells	Andy Younts
David Plavac	William Roberts	Thomas Schroder	Cynthia Sortisio	Allen Todd	Bill Werme	Steve Yuhasz
Gail Plucker	Holly Roberts	Schuckman Household	Calvin Sossoman	Jennifer Tolle Whiteside	Charles and Connie West	Stacey Yusko
Christen Plummer	Sara Roberts	Bradd M. Schultz	Joy Sotolongo	Ross & Kate Tompkins	Chris West	Howard Zellman
Cassidy Plumridge	Christen Robinson	Sue Scope	Michael Southard	Dave Toms	Patricia Westphal	ZenBusiness
Julie Pokorny	The Robinsons	Hensley Scott	Robert Sowa	Joey Tordella	Lane and Linda Wharton	James Zich
Wayne Polonio	Andrea Rodriguez	Valerie Scott	Camisa Spell	Lisa Torkewitz	Kimberly Wheat	Jonathan Zieffe
Kammeron Polverari	Edward Rodriguez	Sherri Seagroves	Kassandra Spiller	Christopher Torrence	Alfred and Melissa White	Kristen Ziller
John M. Pope	Hans Roethling	Judy Seals	William Spoon	Kate D Torrey	David White	Richard Zimmerer
Porter Household	Katherine Roggenkamp	Stan Seals	Ken Spry	Eric Townsend	Thomas White	Colleen Zinn
Phyllis Portie-Ascott	Jacquelyn Rogow	Lori Seaverson	Jody Stacy	Mary Trauner	Will White	Stuart Zitin
Stephanie Potter	Thomas Rogowski	Scottie Seawell	Mary Stafford	Sam and Megan Trawick	Mike Whitson	John Zornick
Rubestene Potter	Lynn Rohrs	Andrea Sefler	Paul & Caroline Stahlschmidt	Betsy Trent	George and Mary Whitwell	Susan zumBrunnen
Sonya Powell	Brian and Jane Rollins	Jonathan Segal	Robert Stalder	Michael Trivette	Cole Wicker	Mathilde Zyderveld
	Paula Rollins	Gregory Seibert	Newby Staley		Alonzo Wickers	



THANK YOU

Thank you to each of the 1,000+ volunteers who together worked more than 42,182 hours to build and maintain the Mountains-to-Sea Trail in 2023. Those volunteers worked in 24 task forces.

VOLUNTEER HOURS

Alamance County	4,364
Alleghany	315
Ashe County	885
Bald Knob	583
Central Blue Ridge	3,851
Carolina Mountain Club	12,954
Coastal Crescent	294
Croatan/Carteret County Wildlife Club	923
Elkin Valley Trails Association	3,709
Eno River	344
Falls Lake	7,104
Friends Board	614
Friends Office	287
Grandfather Mountain	465
Greensboro & Eastern Guilford	1,500
High Peaks Trail Association	70
Johnston County	188
Orange County	1,054
Outer Banks	97
Pilot Mountain & Hanging Rock	805
Sauratown Trails	762
Trail Angels	42
Watauga County	406
Western Guilford	469

The HONOR ROLL below recognizes volunteers who contributed 75 hours or more to build, maintain, and promote the trail in 2023.

- | | | | |
|--------------------|------------------|--------------------|-----------------|
| Jerry Aldridge | Fred Dietrich | Ken Low | Steve Sherman |
| Karl Anderson | Edward DiSalvo | Steve Lund* | Jeff Simpson |
| Aram Attarian | Jim Dohms | Victor Mariano | Mel Skiles* |
| Joseph Bange | Martin Downie | Roger Mays | Matthew Slauson |
| Donna Bange | Bob Ellis | John McCulloch | Thomas Smith |
| Phil Barber | Dale Eltoft* | Doug McGlasson | Kevin Smith |
| Roger Bardsley | Rich Evans* | Candace McGuire | Perry Smith |
| Jerry Barker | Todd Eveland | Robert McLean | Steve Smith |
| Mike Barnhouse | Dale Gerhardt* | William Mceador | Bob Smith |
| Bob Beach | Tim Graden | Bill Meyer | Megan Stainback |
| Tom Belt | Dieter Graumann | Ann Meyer | Anne Steele |
| Iwona Birk* | Bill Griffin | Joel Mickey | Les Stradley |
| Bill Blackley* | Sharon Guarino | Steven Mierisch* | Jason Taylor* |
| David Bland | Jim Hallsey | John Miller | Steve Terrill |
| Blue Jay Point | Peter Hampson | Wayne Miller | Woody Thompson |
| County | Hugh Henry | Carne Moore | John Turley |
| Park Staff | Hugh Hensleigh | Steve Moore | Doug Tyler |
| Robert Bolt, Jr. | Susan Hester | Richard Moore | Doug Veazey |
| Dennis Boone | Bob Hillyer* | Rusty Morton | Richard Vitolo |
| Bill Boyarsky* | Ed Holler | Eric Motzno | Thomas Wade |
| Robert Boyle | Kim Homme | Dee Neil* | Jane Wallace |
| Sam Brandt | Larry Humbert | Richard Nifong | Ron Walther |
| Jeff Brewer | Ken Hummel* | Mike O'Neill | Tom Weaver |
| Marcia Bromberg | Grace Iovine | Kit Ogburn | Chris Werbylo* |
| Jennifer Browndorf | Ike Isenhour | Jan Onan | Ron Whisenant |
| Donna Burch | Danny Isenhour | David Pace* | Tom White* |
| John Busse* | Randy Johnson | Arlene Pace* | John White |
| David Butler | Robert Johnson | Bradford Parker | John Whitehouse |
| Gene Casale | Laura Johnson | Susan Parker | Robert Wicklund |
| Clayton Cathey | Patrick Johnson | John Pepin* | Shelton Wilder |
| Jimmy Chappell | Sarah Joyner | David Pizzolato | Bill Williams |
| Cayce Chappell | Richard Judy | Allen Poole | Donnie Williams |
| Butch Clark | Harold Kernodle | Dennis Porterfield | Mike Williams |
| Tom Coffey | Bob Kilpatrick | Tommy Purcell | Andra Willis |
| Lori Cook | Lee Kiser | Mike Reves | Harry Wilson* |
| Paul Curtin | Peter Knowland | Duke Rose | David Woody |
| Peter Dahl | Richard Kohrman* | Don Russ* | Edsel Workman |
| Roy Davis | Timothy Kurtz* | Joseph Russo | Paul Wulfig |
| Rick Davis | John Landis | Andrew Sam* | Greg Yahn |
| Carl deAndrade | Brad Loftis | Laura Sam | Germaine Yahn |
| Joel Deaton | David Long | Sallye Sanders | |
| Andy Deekens | Les Love* | Gregory Scott* | |

* Volunteered 250 hours or more



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TAKE A HIKE

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