



# Mountains-to-Sea Trail Junior Explorer

Kids, take your family on an adventure on the MST!

Place a check ✓ next to each item you find or complete. Check 15 of the 20 items and return to Friends of MST to claim your prize!

Share the fun! Share photos and stories on Facebook and Instagram with #MSTJuniorExplorer so we can follow along.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Date Completed:

- |                          |                           |                      |
|--------------------------|---------------------------|----------------------|
| <input type="checkbox"/> | White MST blaze on a tree | <input type="text"/> |
| <input type="checkbox"/> | View of a lake            | <input type="text"/> |
| <input type="checkbox"/> | Mountain view             | <input type="text"/> |
| <input type="checkbox"/> | River view                | <input type="text"/> |
| <input type="checkbox"/> | Ocean view                | <input type="text"/> |
| <input type="checkbox"/> | Fall colors on the MST    | <input type="text"/> |
| <input type="checkbox"/> | Wildflowers               | <input type="text"/> |
| <input type="checkbox"/> | Any kind of wildlife      | <input type="text"/> |

Date Completed:

- |                          |  |                      |
|--------------------------|--|----------------------|
| <input type="checkbox"/> | Walk the MST in a city or county park      | <input type="text"/> |
| <input type="checkbox"/> | Walk the MST in a state park               | <input type="text"/> |
| <input type="checkbox"/> | Walk the MST on National Park Service land | <input type="text"/> |
| <input type="checkbox"/> | Snow on the MST                            | <input type="text"/> |
| <input type="checkbox"/> | A sunset or sunrise on the MST             | <input type="text"/> |
| <input type="checkbox"/> | Animal tracks                              | <input type="text"/> |
| <input type="checkbox"/> | Spiderweb                                  | <input type="text"/> |
| <input type="checkbox"/> | MST trailhead sign                         | <input type="text"/> |
| <input type="checkbox"/> | Historic or cultural site                  | <input type="text"/> |
| <input type="checkbox"/> | Trail bridge                               | <input type="text"/> |
| <input type="checkbox"/> | Mushroom                                   | <input type="text"/> |
| <input type="checkbox"/> | Leave the trail better than you found it   | <input type="text"/> |



**Submit your completed entry form:**

Friends of the Mountains-to-Sea Trail  
3509 Haworth Drive, Suite 210  
Raleigh, NC 27609 or email to  
[info@mountainstoseatrail.org](mailto:info@mountainstoseatrail.org)