



## Application for Award for Completing North Carolina's Mountains-to-Sea Trail

**Friends of the Mountains-to-Sea Trail recognizes anyone who reports completion of the entire trail. We operate on an honor system, assuming those applying for an award have completed the entire trail. People who apply for the award are expected to have hiked all sections that are natural surface trail or greenway trail, but people may choose whether to bike or hike sections that are on roads or paddle the two optional paddle routes.**

I, \_\_\_\_\_, verify that I have completed the entire length of the Mountains-to-Sea Trail.  
(PRINT NAME)

X \_\_\_\_\_ (SIGNATURE) \_\_\_\_\_ (DATE)

Trail Name \_\_\_\_\_

Full Mailing Address \_\_\_\_\_

Best Telephone Number \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Thru-Hiker \_\_\_\_ Section Hiker \_\_\_\_ Date Started \_\_\_\_\_ Date Finished \_\_\_\_\_

*The following demographic information is completely optional. If you choose to answer, it provides valuable information on trail user demographics that could benefit the MST. We will never share any identifying information with anyone else.*

Age \_\_\_\_ (at the end of your hike) Gender \_\_\_\_\_ Ethnicity/Race \_\_\_\_\_

How did you complete the trail? Check all applicable.

- Hike only
- Combination of hiking and biking on road sections
- Yadkin River Paddle Route
- Neuse River Paddle Route
- Backpacking only
- Day trips only
- Combination of backpacking and day trips

How did you first learn about the MST?

What guidebooks, maps or apps did you use to help you complete your hike?

**To estimate the economic impact that trail users have across the state, we'd appreciate your input on how your time on the trail contributed to local economies.**

How many nights did you pay for accommodation outside of state/federal campgrounds? Please include the approximate number of nights beside the type.

Private campsites \_\_\_\_ Hotels/Motels \_\_\_\_ Bed and breakfasts \_\_\_\_ Airbnb style \_\_\_\_ Other \_\_\_\_

Additionally, if you can, please estimate the dollar amount you spent on all lodging. \_\_\_\_\_

What else did you spend on locally during your completion? Meals \_\_\_\_ Shuttles \_\_\_\_ Other/list below \_\_\_\_

To your recollection, what is your best estimate of how many times you ate or shopped in businesses along the trail or in nearby communities during your hike? If you can, please estimate the dollar amount you spent.

Please describe below a few highlights or unique aspects of your hike or use this space for feedback/suggestions for Friends and our volunteers as we are always looking to improve the hiker experience. If you'd like to recognize any special people who assisted you - such as other hikers, government agencies, commercial/business associates, security officers, Friends members, or others - please do so here. Use additional space if necessary.

Do you have information on signage, road conditions, trail conditions, campgrounds (public or private), stores, restaurants, bicycle repair shops, hiking supply stores, gasoline/oil/vehicle repair stores, pharmacy stores, and grocery stores, unsafe or unfriendly sites that you would like to share? Use additional space if necessary.