



FRIENDS OF THE MOUNTAINS-TO-SEA TRAIL

2021 ANNUAL REPORT

Dear Members and MST Enthusiasts,

2021 was a year of transition for Friends of the Mountains-to-Sea Trail. Like so many others, we began to cautiously transition out of the worst of COVID and safely begin gathering in person again for hikes and other events.

Of course, the big transition was the retirement of our long-time Executive Director Kate Dixon. The Board of Directors undertook a thorough and lengthy search for a new Executive Director and announced her successor, Brent Laurenz, at the end of the year.

The increase in MST usage and excitement we saw in 2020 as so many people turned to trails and the outdoors for safe recreation opportunities during the worst of the pandemic didn't wane in 2021 either. More and more people, from those going for a short walk to those trying to hike the entire MST, continued to turn to nature for a place of solace and refuge. And our trail guides and other resources helped guide thousands of people to explore the MST.

While we were saddened to miss another year of a big, in-person Gathering of Friends, our transition to a virtual UnGathering of Friends was a big success and still offered opportunities for us in the MST community to connect.

At the end of 2021, the exciting news came that the state budget included nearly \$30 million for state trails—a record investment by the state. That money will be truly transformational for the MST and our state trail partners. A portion of this money is allocated specifically for the MST, and we're thrilled to see it in action on the trail.

2021 may have been a year of transition, but we remain as committed as ever to our six core activities:

- Helping people find and enjoy the trail and get involved.
- Working toward a fully off-road trail by securing land and easements.
- Maintaining built sections of trail so that they are safe, accessible, and have minimal impact on the surrounding natural environment.
- Ensuring that our activities and the trail itself are welcoming to everyone, including people from underrepresented communities.
- Engaging volunteers to support the trail and build a trail community.
- Raising funds to accomplish all these goals.

We're at a moment of incredible opportunity for the MST and we welcome you to join us in the work ahead, whether as a donor, volunteer or even just a trail enthusiast. Big things are on the horizon for the Mountains-to-Sea Trail, and together we can achieve our goals.

Happy Trails,

Carl deAndrade
Board President 2021

Marcia Bromberg
Board President 2022



MST and COVID

As 2021 began, we saw some light at the end of the COVID tunnel as vaccines became widely available and people continued to slowly return to some semblance of normal life. During the height of the pandemic, people across the state turned to the outdoors for safe recreational activities. Whether they were discovering the joy of being in nature for the first time or rekindling an old passion, North Carolinians showed up at state parks, national parks and trails in every corner of the state to find safe ways to gather together or enjoy time alone outdoors. On the MST, the interest level didn't wane as other activities that people previously enjoyed returned. We had a record number of completers in 2021, as well, with our trail angels providing meaningful support to assure the safety and comfort of hikers. Our volunteer task forces worked steadfastly through the pandemic, implementing protocols that ensured the trails remained open. Through these experiences, more and more people have come to realize that trails like the MST aren't just nice things to have, but are integral to our communities for mental and physical well-being and to simply provide opportunities to get outside and enjoy the beauty of North Carolina.

New Trail

In part because of pandemic-related slowdowns and lingering maintenance backlogs, new trail construction continued to be slow in 2021. However, we added three short but important sections:

SEGMENT 6

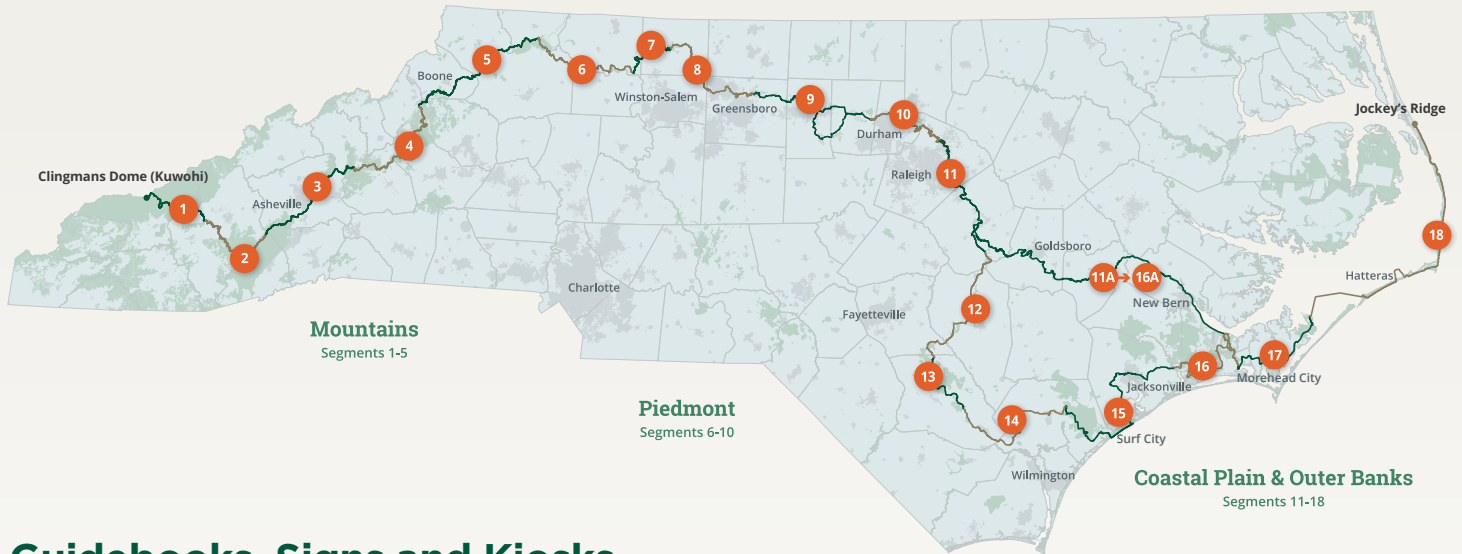
The "Spice Farm Trail" east of Elkin added 0.6 new miles, allowing hikers to avoid a dangerous blind curve in the road.

SEGMENT 9

Guilford County Farm added 0.3 new trail miles near the farm building complex.

SEGMENT 11

Sam's Branch Greenway in Clayton added another 0.5 mile of new trail to the existing trail system, taking hikers off busy City Rd. and connecting them to the town's Municipal Park.



Guidebooks, Signs and Kiosks

Our guidebook, *Great Day Hikes on North Carolina's Mountains-to-Sea Trail*, published in March 2020, sold out of its first print run and has become a go-to resource for people who want to tackle short hikes on diverse sections of the MST. The book also inspired the 40 Hike Challenge, which challenges hikers to complete all 40 hikes in the guidebook.

Friends of the MST created a new design for trailhead kiosks with plans to install them across the state. Our first kiosk with the new design was installed at Bayleaf Church Road along Falls Lake in Segment 10.

Trail Improvements

In 2021, dedicated MST volunteers logged over 38,000 volunteer hours. With a noticeable increase in hikers out

on the trail during the pandemic, these volunteers were absolutely essential to ensuring the MST could stay open, safe and accessible. Volunteer trail crews, or task forces, worked hard in every segment of the trail, and below are some of the highlights.

SEGMENTS 2-3

Volunteers with the Carolina Mountain Club (CMC) conducted a major rehab of the MST from Doubletop access to Old Bald access, removing rocks from the trail, building/rebuilding rock steps and widening tread. Similar work was done in the adjacent sections.

The CMC crew also added over 50 steps, a new bridge with rail, check dams, rock crossings, and numerous other improvements to a 2-mile section near Asheville (Bent Creek Gap to Beaver Dam Overlook). Along a heavily used stretch of the MST from the Folk Art Center to the Arboretum, significant improvements were made to the MST from basic trail clearing of blowdowns, weed trimming, and brushing. CMC also added railings to all of our bridges, repaired the Dingle Creek bridge, and completed an estimated 350 steps and a number of turnpikes and water diversions to improve the tread.

On the Hard Times section (from the Arboretum to Sleepy Gap), CMC volunteers added new locust and rock steps, turnpikes, water diversion features and water crossings.

SEGMENT 4

The Central Blue Ridge Task Force continued to do rock work and put in locust steps to improve steep, muddy sections of the MST, gradually improving and making the MST safer in this rugged area.



Boyd's Creek Bridge Grand Opening, Alamance County



FROM LEFT: MST Kiosk inside Raleigh REI; © Betsy Brown; Trail workday along the Eno River with Earthshare; © Betsy Brown

SEGMENT 5

The Watauga County Task Force needed to rebuild a bridge that was destroyed when a large tree fell on it. In another example of bridge problem-solving, volunteers manually moved a 24-foot bridge about 12 feet. The meandering creek beneath had eroded the bank and undercut the footing of the bridge making it unsafe, so the task force got creative and was able to lift the bridge on one end and pivot it into place without machinery.

Another huge undertaking that we can be thankful for was the recovery from a massive rockslide that closed the Blue Ridge Parkway and trail for months. Eventually, we were permitted to plan out a new trail route and build over 100 feet of new trail above the landslide.

SEGMENT 6

The Elkin Valley Trails Association completed 3/4 mile of future MST trail on the west side of Carter Falls, which will be opened when the Bridge of Dreams is completed. We also resolved issues to allow for the reopening of 3/4 miles of MST known as Spice Farm Trail.

SEGMENT 9

The Alamance County Task Force opened a new bridge on Boyds Creek. The Boyds Creek Bridge

opening was a grand celebration of the numerous people and organizations that brought this project to fruition. The nearly 60-foot bridge spans Boyds Creek as it flows into the Haw River. When water levels were low, crossing it meant getting your feet wet, but when the water was running high, it was a dangerous and nearly impossible crossing, requiring a long road walk to hike through that section.

Volunteers also added a new set of stairs to replace deteriorating railroad ties on the section of MST between the Glencoe Paddle Access and Carolina Mill.

SEGMENT 10

The Falls Lake Task Force was able to complete a 2.1-mile route at Falls Lake around a DOT bridge washout near Hereford Road for the hiking community. With 63 miles at Falls Lake our trail maintenance is never ending, but we had a great year of keeping the trail in good shape for the hiking community.

Trail Planning

Trail planning efforts during 2021 covered most of the state as we continued to plan for the future of the MST and identify new opportunities to shift the trail off-road or expand in new areas.



CLOCKWISE FROM LEFT: Mike “Glider” Forde finishing the MST at Jockey’s Ridge; MST Completers Hali Grantham and Daniel “Danny G” Graham enjoying sunset at Jockey’s Ridge State Park; Jerry Barker, John Pepin, Joanne Perri and Bill Meador on the MST © Joanne Perri; Hiking with Howard Lee, founder of the Mountains-to-Sea Trail—pictured from left: Jerry Barker, Bill Meador, Howard Lee, MST Completer Cedric Kopa, and Dan Hill; MST Completer Jennifer Browndorf hiking on the Outer Banks © Jennifer Browndorf

Some of the highlights from our 2021 planning work include:

- **Belews Lake:** Performed field survey work for the trail and conservation assessment of Duke Energy property
- **Goldsboro:** Completed the Goldsboro Trail Development Plan
- **North River:** Planning work started, land acquisition opportunity identified, site visit Dec. 2021
- **Jockey’s Ridge:** Developed plans and received approval for Eastern Terminus Monument and reroute of trail
- **Roseboro and Pondberry Bay Preserve:** Identified opportunities for MST expansion outside Pondberry Bay Preserve, worked continually with task force for access to the preserve, began design for brick path along old rail bed in Roseboro.
- **Bushy Lake:** Began work to identify opportunities to expand trail near Bushy Lake and drafted proposed new MST route
- **Neuse River Trail Feasibility Study** kicked off Nov. 2021

The Gathering and Birthday Hike

With the uncertainty surrounding in-person events during COVID, Friends of the MST shifted to a virtual platform for our annual meeting, dubbed the “UnGathering of Friends.” The two-day virtual event featured “The State of the Trail” from executive director Kate Dixon, who also announced her pending retirement, a delightful keynote address from Jeremy Markovich, producer of the recent Our State podcast season on the Mountains-to-Sea Trail, and a panel on Inclusivity and Joy on the MST. Breakout sessions included how to hike the MST with kids, quickly, slowly and every way in between. We also explored natural history and ecosystems along the trail and learned how trails can be sustainable habitats for wildlife. It wasn’t the same as gathering in person, but it was still a vibrant and meaningful two days of connection for the MST community.

Our 44th birthday in September featured a 44-mile Challenge and a special fundraiser to support the trail. 96 people completed the challenge by hiking 44 miles or more on the MST during the month, with 7,180 total miles hiked! Prizes from our partners at REI were awarded to the five hikers with the highest mileage, and six others chosen at random from all those who completed 44 miles. Additionally, those



who made a special donation of \$44 during the month received the new MST patch before it hit the stores later in 2021.

Challenges

40 HIKE CHALLENGE

The 40 Hike Challenge was launched in 2020 to coincide with the release of our day hike guide, *Great Day Hikes on North Carolina's Mountains-To-Sea Trail*. In 2021, 19 total people explored the trail across the state to complete the challenge. The 40 Hike Challenge has also spurred multiple video series on YouTube, inspiring folks to take the challenge or providing an armchair view for those who prefer to enjoy the trail in that way.



COMPLETERS

2021 was a record-breaking year for MST completers, with 25 adventurous hikers finishing the entire trail. The popularity of the MST continues to grow within the long-distance hiking community and 2021 solidified a shift that brought more hikers from outside of the state and abroad, including our second and third international hikers, a couple from the Netherlands. Completions are still roughly evenly divided between thru- and section-hikers.

Advocating for the MST

Years of hard work came to fruition at the end of 2021 when the North Carolina General Assembly passed, and Governor Cooper signed, a state budget that included a nearly \$30 million dollar investment in North Carolina's official state trails, including the MST. Distributed among the 12 state trails, that money will be used for capacity building, trail development and planning, and land acquisition from willing sellers. It marks the most significant and transformative investment from the state for trails.

The Great Trails State Coalition, of which Friends of the MST is a founding member, continued to work together and put forward plans to advocate for the MST and all trails in North Carolina.

2023 was officially declared the "Year of the Trail" during the 2021 legislative session as well.



Leadership Changes & Growth for Friends of the MST

2021 marked the end of an era for Friends of the MST, as our first and only Executive Director Kate Dixon retired. Kate's vision and dedication to the trail was transformational, and her impact will be felt for years to come. Following the announcement, the Board of Directors undertook a lengthy and wide-ranging search to fill the position and publicly announced Brent Laurenz as the next Executive Director in December 2021. Brent's lengthy nonprofit leadership experience, including more than 10 years at statewide North Carolina nonprofit organizations, and his personal passion for trails and the outdoors made him an impressive addition to the staff.



HAPPY TRAILS, KATE!

Thank you for helping make the Mountains-to-Sea Trail what it is today and more importantly what it will become.

© Julie "Jester" Gayheart

In 2021, we thanked a great crew of Board Members for their service to Friends of the MST — Millie Chalk, Mark Rostan, Bill Blackley, Carrie Bonds, Chris Grams and Greg Yahn. We also welcomed John Lanman and Susan Hester as new members of our Board of Directors in 2021. The board also increased its focus around Justice, Equity, Diversity and Inclusion (JEDI), forming an official working group to focus the organization's efforts in this area. And the board was excited and relieved to finally meet in person again in 2021, with many members meeting each other for the first time off screen.

With the pandemic upending so many things in our lives, we were grateful that your support of the outdoors and trails was unwavering. The trail was a place of safety, solace and connection during these untethered and tumultuous days, and you made it possible because of your new or continued support. We were thrilled and thankful that Friends saw a 228% increase in membership from 2019 to 2021, during the worst of the pandemic. Thank you.

FINANCIAL STATEMENTS

January 1, 2021 to December 31, 2021

ASSETS	12/31/2021	12/31/2020
Cash & cash equivalents	\$651,938	\$561,326
Grants receivable	5,000	3,302
Sales tax & other receivables	2,936	13,960
Inventory	7,314	7,470
Prepaid expenses	6,792	8,072
Beneficial interest - MST Forever Fund	215,378	-
Net fixed assets	3,592	3,362
Beneficial interest - endowment	103,979	86,496
Deposits and Long term pledges	1,051	2,051
TOTAL ASSETS	\$997,980	\$686,039

LIABILITIES & NET ASSETS

Accounts payable	\$3,555	\$3,021
Refundable advances	2,500	-

Net Assets

Without donor restrictions

Available for operations	254,928	257,252
Invested in fixed assets	3,592	3,362
Board designated - specific purposes	10,000	23,073
Board designated - MST Forever Fund**	235,945	-
Board designated - endowment*	90,469	72,986

With donor restrictions

Restricted - specific purposes	383,481	312,835
Restricted in perpetuity - endowment*	13,510	13,510

TOTAL LIABILITIES & NET ASSETS	\$997,980	\$686,039
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*The endowment is held at the NC Community Foundation

** MST Forever Fund is held at the Triangle Community Foundation

VALUE OF VOLUNTEER LABOR

In 2021, MST volunteers worked **38,815**

HOURS to support the trail. At the State

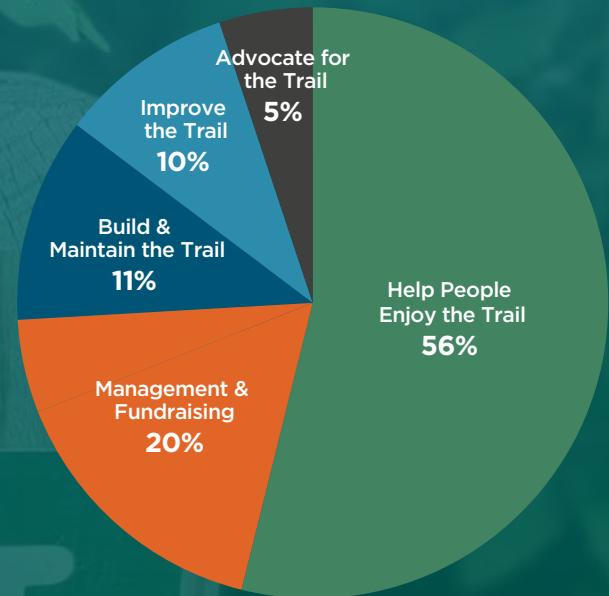
Parks assigned rate of \$27.20 per hour, these

volunteers **DONATED TIME WORTH AN**

ADDITIONAL \$1,055,768 to the MST.

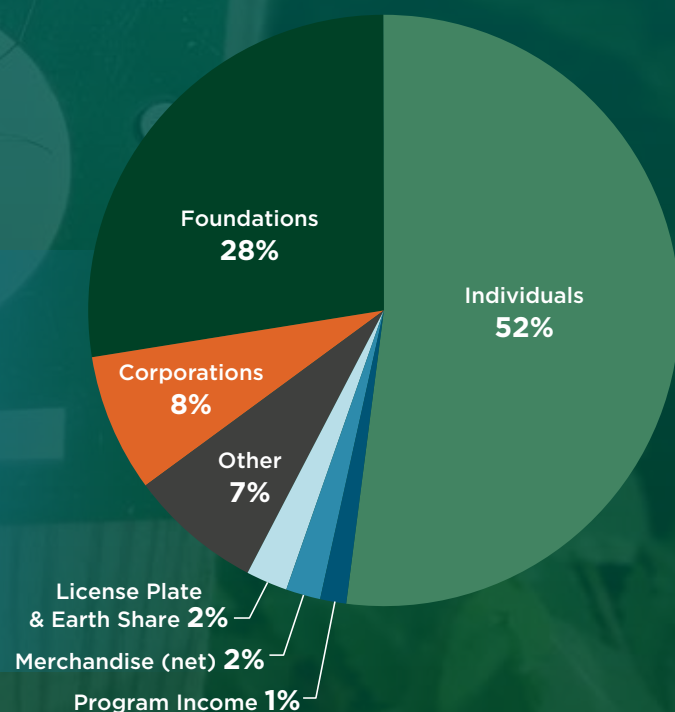
Expenditures by Program Area

Total Expenditures = \$478,475



Sources of Income

Total Income = \$787,382



2021 FRIENDS OF MST MEMBERS

\$10,000+

Carl and Dianne deAndrade
Harold Erickson
Chris and Odile Gould
Richard Hibbitts
Leslie R. & Catherine Love
REI
White Lake Marine

\$2,500 to \$9,999

Ann and Lex Alexander
Athletic Brewing
Carol Banaitis and Sarah Hogan
Jerry and Sandy Barker
Danielle Bernstein
Marcia Bromberg
Kate Dixon and Dan Wilkinson
Eastern Band of Cherokee Indians
Foliage Concepts
Gipson Family Foundation
Great Outdoor Provision Co.
Richard C. Huelsman
John and Margaret Lanman
Rich and Marilyn Preyer
Robert P. Holding Foundation
Tanawha Adventures
Williams Foundation
Scott Zimmerman

\$1,000 to \$2,499

Heather Alley
DeWana Anderson
Bernard and Holly Arghiere
AST Prowash
Atkins Family Foundation
Beverly Bell and Lucy Piner
Bill and Sandie Blackley
Blue Ridge Hiking Co.
William and Leigh Bordley
David and Laura Bourne
Lewis and Barbara Boyles
Barbara Braatz
Christopher Brand
Cooper Brantley
David Brendle
Lynne Bresler and Mike Vaught
Camp Clearwater
Rick Cavallaro
Bill Chatfield and Jean Marie McManus
J.K. Coward, Jr.
Crawford Crenshaw and Laurie Dunn
Fred Dietrich and Jenny Tenor
Bob Dillard and Cecily Lohmar
Shirley Drechsel and Wayne Vaughn
Duke Energy
Todd Eveland
Falconwood Foundation
David and Lucy Fountain
Amy Fowler
Robert Fruehwirth
Frank and Carole Gailor
Kathryn Gavaghan and Scott Sanner
Karen Hammett and Larry Reeves
Susan Hardwick
Ronald M. Hart
Amret Hawfield
Susan Hester
Dan W. Hill
Timothy Hitch
Larry Humbert
Jeanne Johnson
Robert and Laura Johnson

Robert and Julie Keely
Patti Keith
Warner Lucas
Michael Malaska
John S. Manuel
Julie Marusich
Bill and Alice Meador
National Environmental Education
Foundation
Bo Newsom
Allen and Rhonda Parker
Peg Parker
Petersen Family Fund
Steve and Janice Pierce
Jeff Poupart
William and Mary Ann Pruehsner
Wade Rawlins and Judith Tillman
Michael Reves
Mark and Leslie Rostan
Sampson County Tourism
Bill and Darby Scott
The Sherwin-Williams Company
Myles Standish
Jason Taylor
Robert Trawick
Thomas Weaver and Kathleen O'Donnell
Ben Wells
Peter Wetzel
William Stern Foundation
Shawn and Charlotte Williams
Constance Winstead and Robert Glenn
Smedes and Rosemary York

\$500 to \$999

Alamance County Visitors Bureau
Allison Armieri
Sydney and David Atkinson
Roger Bardsley and Elaine Brune
Iwona Birk
Blue Ridge Hiking Club
Jacob Boehm
Bill and BJ Boyarsky
Jeff Brewer
Jane Brown
Beth Brownridge
Dr. John Buckwalter and Dr. Ester Poza
Joel S. Bulkeley
Rebecca Bumgardner
Bill Campbell
John and Ann Campbell
Kathy and Don Chatfield
Jim Cobb
Heather Cotton
Steven and Janet Covert
Bill and Janet Cox
Carolyn Crump
Mike Dieffenbacher
Anne Faircloth and Fred Beaujeu-Dufour
Ben and Libby Fehsenfeld
Chris Grams
Tom Griffin
Jan Grossman and Lynn Heinrichs
Eric Hallman and Elizabeth Woodman
Stephen and Pamela Hassenfelt
Pamela Hoffman
Larry and Elizabeth Horrell
John and Anita Howell
Sunny Huang
Ray Huger and Beth McKee-Huger
Peter and Sandra Jacobi
Lianna Jarecki
James D. Johnson
Ms. Leslie Killeen and Mr. Kenneth Pugh

James King
Shay Lovette
Lunsford Richardson Preyer Charitable
Lead Unitrust
Chris Lynch
Merrill and Cindy Mason
Johnny Massey
Leigh Matthews
Sharon and Jim McCarthy
Francis J. McClernon
Keith and Kaileen McDonald
Stephanie Mitchell
Barbara Morgan
Eric Motzno
Sara Nolan
Angela and Edward Palek
Alan Parry
Parry Law, PLLC
Bernadette Pelissier
Anne Rajagopalan
Michelle Reeder
Rhonda Silver Real Estate Group
Don Rice
Francesca Richardson
Sandra Ross
Thomas Sanders and Mary Lasher
Robert Schopler
Susan Simmerson and Matthew Braun
Frederick William and Martha Townes, IV
William Vann
Matthew Velkey
Robert and Renee Walsh
Keith Warren
Ronnie Weed
Alonzo Wickers
John and Ashley Wilson
Paul Witty
Carter Worthy
Greg and Germaine Yahn
Yanek-Eichner Family

20+ Years

Carol Banaitis and Sarah Hogan
Lillian A. Benton
Lewis and Barbara Boyles
Jeff, Amy & Lalan Brewer
John (Mike) Davis
Robert and Sarah Dixon
Jim and Jennie Halsey
Joe, Laura & Michael Mavretic
Mike and Ruth Simpson
Dwayne Stutzman and Sara Davis
David Thoenen
Donald and Jean Walton

15 to 19 years

Jerry and Sandy Barker
Sindy Barker
Don B. Bergey
Danielle Bernstein
Paul Black
Piet B. Bodenhorst
Bill Borden
Richard Bostic
Jeffrey N. Branin
Nancy L. Cormany
Crawford Crenshaw and Laurie Dunn
Kenneth and Carol Deal
David DeHart
Thomas Dillon and Grace Mauney
Kate Dixon and Dan Wilkinson
Gordon Ferguson and Bobbi Owen



Upper Haw River © Greg Yahn

BOARD OF DIRECTORS

JANUARY 1, 2021 TO DECEMBER 31, 2021

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Tammy Kelly, *Louisburg/Kinston*
Susan Hester, *Chapel Hill*
John Lanman, *Blowing Rock*
Angela Lee, *Chapel Hill*
Les Love, *Weaverville*
Mike Parker, *Cherokee*
Tammy Proctor, *Hampstead*
Greg Yahn, *Greensboro*

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Jim Grode, Trail Resource Manager
Elizabeth Hipps, Operations Manager
Ben Jones, Coastal Crescent Project
Manager

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Marian and Tom Jerdee
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W. Phil Kanoy
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Elizabeth King
John and Margaret Lanman
David and Susan Lennox
John S. Manuel
JoEllen and Tammy Mason
Johnny Massey
Richard McDowell
Great Outdoor Provision Co.
Charles F. Moeller
Alice Monk
Eric Motzno
Allmuth and George Perzel
Cheryl Peterson
Phil Piasiki
George C. Rawlins
David Rittlinger
David Royster
Carolyn Sakowski and Alton Franklin
Steven Schewel and Lao Rubert
Gregory Scott
James L. Spencer, III
Boyce R. Staton
Jim Suiter and Alison Gunn
Matthew Terribile
Frederick William and Martha Townes, IV
Chris and Kathy Underhill
Thomas and Janis Wade
Ron Walker
Shawn and Charlotte Williams
Billy Williams
John Willis
Al and Linda Woelfle
Carter Worthly
Smedes and Rosemary York

10 to 14 years

David Aaronson
Halle Amick
Jill Andersen
Karl Anderson
DeWana Anderson
Bernard and Holly Arghiere
Jim and Barbara Avery
Tim and Michele Aydlett
Eddy Bakeberg
E. Barry Bassett
Bob Beach
EarthShare of NC
John Beck
Beverly Bell and Lucy Piner
Bruce Bente
Herbert Berman
Mike Bianco
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David and Molly Bland
Jake and Cynthia Blood
Lunsford Richardson Preyer
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Joseph Cook
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Judy Davis
Mike Dayton and Kelly Chambers
Mike Diefenbacher
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John Dixon
Heidi Domeisen
Shirley Drechsel and Wayne Vaughn
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Mark Edelstein
Bob Edwards
Dale Eltoft
Jerry Evans
Will and Donna Farmer
William Fleet
Dianne Ford
Robert Forsythe
David and Lucy Fountain
Donald F. Gardner
Drs. John and Janet Garrett
Patricia Geiger
George Gergues
Susan Glendenning
Karl Gottschalk
Allan Green
Glen Greenstreet
Wilbur Gulley
Mary Hagan
Kenneth Hammerstein
Pam Hammond and Karen Haas
Timothy Harris
Ronald M. Hart
Mark Hartman
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Bob Hillyer
Pamela Hoffman
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Ray Huger and Beth McKee-Huger
James Hull
Robin and Barry Jacobs
Ennis and Dru James
Jack and Karen James
Patricia Johnson
Randy Johnson

James D. Johnson
Warren Jones
Michael L. Jones
Randy Jones and Marcia Lieber
Nell Joslin
John Scott Kanich
Patti Keith
Robert W. Kilpatrick
Carroll Koeplinger
Stan C. Koziol
Jane Laping
Charles and Dorothy Lee
Ayden and Betty Lee
Howard N Lee
Trisha Lester
Tim Long
Foliage Concepts
Leslie R. & Catherine Love
William R. Lowe
James L. Lowe
Warner Lucas
Steve Lund
George Lycan
Lloyd MacAskill
Michael Malaska
Blue Ridge Hiking Club
Agnes Marshall
Merrill and Cindy Mason
Margaret McCann
Sharon and Jim McCarthy
Linda McCrea
John and Sandy McCulloch
Palmer & JP McIntyre
Sonya McKay
Michael J. McKinney
Glenn McLeroy
Joe and Pam Mickey
Steven Mierisch
Charles Milligan and Henry H. Westmoreland
Kenneth Mitchell
Linda Moore
David Mouw
Randy Neuhaus
Margaret Newbold
Laura Norris
Mary Norris and Pat Oglesby
Pat and Vicki O'Mara
Janet and Kevin Onan
Laura and Edward Owens
Coin Page
Debra R. Palermo
Maurita Paprocki
Edward Parker
Steve Patch
Lisa Patty Abbey
Bernadette Pelissier
John and Karen Pepin
Judith Phoenix
Jim Plant
Stephen Pomeroy and Pamela Mears
Allen Poole
Dennis and Diane Porterfield
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Robert L. Powers
Irvin Prescott, Jr.
Rich and Marilyn Preyer
Donald Procopio
William and Mary Ann Pruehsner
Meg and Robert Rader
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David Rogers
Regina and Matt Rollins
Sarah Rubin and Jim Blose

Bill W. Sadler
Elizabeth Samples
Ed and Tina Sanderford
Thomas Sanders and Mary Lasher
David and Casey Saussy
Eric F. Schaefer
Bill and Darby Scott
Mac Sealey
Phyllis Shaw
Rich Shaw and Holly Reid
Steve Shimp
Stewart Shirey
Luke Simmons
Susan and Bill Simpson
Mel Skiles
David "Stoney" Sloan
David B. Smith
Jeffrey Smith
Mike & Vicki Smith
Barbara and Terry Smith
James N. Smoak
Becky and Rocko Smucker
Brant Sprunger
Doug Starkey
Don Stephenson
Paula J. Stober and Willard Bucklen
Marge Stoddard
Edward Stoddard
Kim and Trent Storino
Brenda Summers
Melodee Sutherland
Janice Swab
Jim and Sue Taylor
Bud and Hayden Taylor
Gordon W. Tennett
Tommy L. Thomas
Gene Thompson
Ginger Travis
Robert Trawick
Benjamin Neal Trotter and Laura Marley-Trotter
Will Truslow, MD
William Vann
Douglas Veazey
Vance and Ginny Waggener
Kristin & Jeff Walker
Jimbo Ward
Rosemary W. Watts
Carroll Webber
Peter Wetzel
Surry County Parks Department
Courtland White
John Whitehouse
David J. Whitlow
Shelton Wilder
Donnie and Becky Williams
Kent and Nancy Wilson
Constance Winstead and Robert Glenn
Greg and Germaine Yahn
Nancy Yudell
Alan Zelfiff

5 to 9 years

Michael Adams
Joanie Alexander
Jim Anderson
Nancy Anderson
Carole Anderson
Margaret Anderson
Robert Andrews
Timothy Arn
Miriam Ash-Jones
Aram Attarian

Nina August
Edward Aul
Graham Auman
Susanna Bachmann
Matthew Bader
Katherine Baer
Larry and Lisa Bailey
Bes Baldwin
David Baldwin
William Barnett, Jr.
Bill Bass
Cynthia Beane
Rod Birdsong
Kent Birge
8 Dot Graphics LLC
Kenneth Black
Glenn and Katherine Blackburn
Douglas Blackford and Martha Cutler
Steven Blake
Richard Blouse
Caroline Bonds
Danny and Diane Bosley
Tommie Boston
David and Laura Bourne
Virginia L. Bower
Rich Bowerman
Barbara Braatz
Michael Bradley
Nancy Bray
Kimberly Briggs
Alyson Browett
Ann Brown
Shannon Brown
Jim Brown
Betsy and Doug Brown
Jennifer Browndorf
Roger Bardsley and Elaine Brune
Terri Buckner
Joel S. Bulkley
Donna Burch
Sean Burke
Dara Burlison
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Connie Cope
Nelson Copp
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Charlie Day
Amy de Jongh
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Line Dempsey
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Sean Burke
Dara Burlison
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Rick Cavallaro
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Chelsea Clifford
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Adam Collins
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Kevin Concannon
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Connie Cope
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Steve Hampton
Gayle Hartis
James and Courtenay Harton
Scott Hash
Susan Hatch
Beth Heile
Gipson Family Foundation
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Douglas Hensel
Nancy Hess
Kent Hicks
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Dan W. Hill
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John and Anne Hodges-Copple
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Insect Shield
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Roger Holland
Holland Family
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Kim Homme
Penny Hornsby
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Heather Houskeeper
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Sunny Huang
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Grace Iovine
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Terry Jenkins
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Schorr Johnson
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Rodney Jones
Julia Jordan
Mark Kalinowski
Kellie Kanuit
Daisy Karasek
Ken and Ginger Karb
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Carolyn and Charly Kerr
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Christopher Kinlaw
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Dale Koethe
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Marcoplos Household
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Elaine Martin
George and Cecilia Martin
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Deb McCutcheon
Dennis McGill
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Zoe McKay-Tucker
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Portia McKnight and Florence Hawley
Lisa McLeod
John McQuaid
Bill and Alice Meador
Andrew Meier
Maureen Miller
Anne Miller and Mac McGee
Miller's Camping
Sandra Mitchell
Kelly Mitter
Gurney Mizell
Scott Mollenkopf
Alexis Moore
Richard Moore
Barbara Morgan
Crystal Morphis
Jamie Morris-Haley
Fine Arts Dental Lab
Gloria Moseley
Charles Moser
John E. Murray
Dolores Neil
Marianne L. Newman
Mark and Gale Nichols
Jason Nieuwsma
Richard Nifong
Sara Nolan
Steve Norris
Meg Notaro
Michael O'Neill
Richard Ott
Jack Owen
David and Arlene Pace
Lindsay Parberg
Alan Parry
Margaret Paschal
Randy Pelzer
Paul Penny
Ann Penrose
Joanne Perri
Matthew Perry
Richard (Pete) Petersen
David and Lisa Petri

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Tom and Betsy Pierce
Steve and Janice Pierce
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Martha and Benny Pittman
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Francis Raspberry
Sam Ravenel
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Michael Reves
Brook Reynolds
Debra and Jeff Rezeli
Rich and Sue Freeman
Francesca Richardson
Gordon Richardson
Nancy Rogers
Good Wood Pizza and Bakery
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Tim Roth
Tommy Rowe
Timothy Runfola
William Rushin
Don Russ
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Emily Sanders
Nancy Schanz
John Schelp
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Joan Schneier
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Kevin Stainback
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Thomas Stopyra
Ross Strange
Fulton Strathern
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Richard Swartzel

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Jason Taylor
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Betty and Clark Thomas
Mark Thomas and Leah Cook
Arlene Edwards Thompson
Tanawha Adventures
Leslie Tobin
Thomas Toms
William and Connie Topham
Thomas Townsend
Earl Trevaath
Robert Turner
Alamance County Visitors Bureau
Barbara Vargochik
Richard Vitolo
Garry & Ruth Vogelpohl
Gregory Vydra
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Wayne Walker
Russell W. Wall
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Buddy Waters
Wayne and Lynn Hale
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Patricia White
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Ted and Sherrill Zoller

1 to 4 years

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Ernest and Martha Abernethy
Rebecca Abernethy
Greg Ackerman
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Hilary Adams
Bridgett Aguirre
Zachary Albert
Diane Alderson
Ann and Lex Alexander
Chris Alexander
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Tara Alden
William Allen
Katie Allen
Chip Allen
Heather Alley
Bryan Alsop
Andrea Altenkirch
Thomas Altman

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Marilyn Anderson
Leonard Anderson
Adair Andrew
Stacey Androlowicz
Paula Anstrom
Alejandro Antonia
Eric Apelgren
Paula and David Applegate
Brent Ardizone
Will Arey
Bryce Arghiere
Allison Armieri
Mike and Jen Armstrong
William Armstrong
Jessica Arrington
Alison Arter
Mex Etc.
John and Jennifer Cates
Sydney and David Atkinson
George Auman
Dan Auman
Terry Ausel
Rhowena Austin
Cindy Baer
Judy Bailes
David Bailey
Carolyn Baker
Ennis Baker
Phil Baker
Michael Baker
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Luke Baler
Virginia Balfour
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Delta Bank
Rebecca Banner
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Jeffrey Bardin
Sampson County Tourism
Robin Barefoot
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Bradley Barrett
Michael Barritt
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Woody Bass
Dennis Bass
Amber and Jeff Batten
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Andrew Baurath
Doug Bayliff
James and Tamera Bean
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Jim Beck
Rachel Beck
Elizabeth Beckman
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Steve Benkosky
Lori Bennear
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Mary Elizabeth Bennett
Luke Bennett
Joe Bennett Jr
Erik Bentley
Lelia Bentley

Katie Benton
Gary Benzine
Richard Berg
Michael Berger
Nancy Berkman
Kyle Berner
Andy Berry
Susan Bertuccelli
David Betts
Russell Bevis
Brandon Billington
Kelli Bingham
Iwona Birk
Mary Bissette
Lisa Bivona
Michael Black
Sue Blackburn
Michael Blackburn
Ann Blacker
Kim Blackler
Lloyd Blackwell
Mitchell Blair
Jenny and Bryan Blake
William Blake
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Celia and John Blanchong
Matthew Blanchong
Eva and Beth Blinder
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Streeter Blowers
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Tom and Teresa Blue
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Marceil Bodtker
Jacob Boehm
Gilbert Boissonneault
Robert Bond
Zach Bond
Rebecca Bondurant
John S. Boone
Sean Borak
Deborah Bordner
Wil and Maura Bosbyshell
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Ted Bost
Keith Boswell
Lori Bound
Nate Bourne
Maddie Bowes
Megan Bowles
Hammer Bowling
Jordan Bowman
Gary Bowman
Gail Boyarsky and Walter Fowler
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Denny Boyce
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Ashlyn Bradshaw
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George Brandes
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James Branigan
Cooper Brantley
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Vera Braswell
Laura Braswell
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Kristie Bulla
Fritzi Bullins-Jones
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Laura Bumgarner
Merissa Buntun
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Torin Bussey
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Sue Button
Aleksi Bykov
Mark Cada
Robert Caldwell
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J Alan Campbell
Shelly Campbell
Bill Campbell
Jean and Bruce Campbell
Robert Cansler
Kathy Capps
Rebecca Carbis
Luka Carbone
Michael J. Carbone
EAG Appraisal
Elizabeth M Carlson
Lawson Carmichael
Sonja Carpenter
Daylily Garden Club
Byrd's Branch Campground and Country Store
Anna Gallant Carter
Kayla Carter
Marilyn Carter
Ronald Carter
Matthew Carter
Lea Cascone
John Casey
Richard Casey
David Casey
Christina and Scott Cash
Charles Castelli
Barney Caton
Brooke Caudle
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Mason Chamblee
Todd Champagne
Amy Chan

Falconwood Foundation
Joei Chang
Julie Chappell
Bill Chatfield and Jean Marie McManus
Russell and Sandra Cheaney
James Chesson
Linda Maynard Chester
Kathy China
Mary Clare Chinery
Derek Chrisko
Madison & Grafton Church
City of Goldsboro
Larry Clapp
Deborah and Bart Clark
Veronica Clark
Judith Clarkson
Jenifer & David Clement
Fabia Closson
James Clotfelter
Eric Cloutier
Thomas Clutter
Jim Coats
Autumn Cobeland Painting
Charles Coble
Faison Cochrane
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Kathy Cockrell
James Cockrell
Carly Coco
Chris Coffee
Deborah L Cohen
Meg Cohen
Shelbie Cohen
Virginia Cohen
Rhonda Cohen
David Coleman
Don Collins
Leslie and Ed Coman
Susan Connor
Barbara Conrad
Sarah Cooke
Julie Cooper
Davi Cooper
Molly Ann Copelin
Dave Corn
Connie Corn
Kit Cospser
Jennifer Costner
Heather Cotton
Jeff Cox
Bill and Janet Cox
John and Judy Crane
Charles Craver
Jim Creasman
Brad Creed
Danny Crews
Julie Croke
Lisa Croucher
Mike and Vickie Cunningham
Martha Curd
Stacey and Bradley Curelop
Paul Curtin
Richard Curtis
Thomas Curtis
Troy Curtis
John Dailey
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National Environmental Education Foundation
Mike Darling
Dorothy Darr
Amy Darrigrand
James F Davenport
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Lilith Davis
Linda Davis
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Beth Davison
Danielle Dawley
Mary Day
Kim De
Beth Deakle
White Lake Marine
Mark Deary
Gerard DeCarli
Ashley DeCarme
Donald DeFago
Jeffrey and Janet Dektor
William Stern Foundation
Lisa Dellaguardia
Megan Dellinger
John Dempsey
Rebecca Dendy
Terri and Ted Dennison
Rebecca Denton-Strauss
David Derby
Robert Dermody
Vrinda Desai
Martin DeWitt
Miguel Diaz
William Dickason
Gary Dickens
Mikey Diehl
Travis Dillard
Bill Dixon
Keith Dobie
Trish Dolan
Laurie A Dominy
Timothy Donahue
Liz Donelson
Thomas Dooley
Thomas Dooley Jr
Laura Dorton
John Dowd
Kevin Dowling
Mark Dowty
Gregory Doyle
Clinton Dreisbach
Kirk Dresden
Jon Drew
John Dubel
Aaron Duffy
Christine Duffy
Austin DuFresne
Claire Dumont
Craig Dunkley
Mary Dunn
Penni Dunn
Susan DuPree
Hope and Kim Durack
Laura M Durlacher
Laura E Crumpler
Nancy East
Gregory Echele
Kelly Eggebeen
Lora Eggers
Hussein El-Genk
John Elledge
Samuel Elliott
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Duke Energy
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Roger Ericson
Samuel J. Ervin
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Alysia Eva
Kevin Evans
Todd Eveland
Evelyn and Martin Brow
Jeffery Fahs
Dennis Fairchild
Anne Faircloth and Fred Beaujeu-Dufour
Yanek-Eichner Family
Anthony Famularo
Doug Farmer
Keith Feather
Ben and Libby Fehsenfeld
Andy Fenn
John Fenton
Robert Ferber
Kathleen Ferguson
Teresa Ferlotti
Judy Ferraro
Mary M Ferrer
Adrienne Ferriss
Karl B and Deborah Fields
Richard Figura
Carla H. Fishman
Jeff Fissel
Jeffery Fleming
Sara Fleming
Noah Fleming
Beth and Randy Fluharty
Amie Fluharty
Lori Ford
Susan Foreman
David Forsythe
David Forte
Pilar and Tom Fotta
Grant Fowler
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Brian Fox
Heidi Fox
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Charles Frazelle
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Hardison and Cochran
Roll Off Dumpster Direct
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Guy Gettys
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Robin Gieniewski
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Paul Golden
Jenny Goldstein
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Debbie Good
Ed Goss
Robert Goutwals
Robert Goulding
Claire Goulthorpe
Matthew Gourdin
Kathy Grady
Christopher Graebe
Paula and Dale Graff
Edward Gram
Mary Beth Grealey
Pamela Green
Lynda Greene
Sally Greene
Greene Household
Sacha Greer
Sarah Gregor
Jacob Gregory
Rhys Gretsich
Dianne Griffin
Nancy Grimes
Michelle Grissom
Samantha Gromme
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Shellie Gruber
Sharon Guarino
Jake P Guckeyson
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Shan Guo
Janet Gutierrez
Ed Guyer
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Martha Gwaltney
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John J. Haggerty
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Carol Hall
Eric Hallman and Elizabeth Woodman
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Robin Hammond and Bill Sandifer
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Wesley Harris
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 Judy Jewell
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 David Johnson
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 Katie Johnson
 Martha Johnson
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 Emily Johnson
 Ricky Johnson
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 Johnston Electronic Controls
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 Ben and Carrie Jones
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 William Joyce
 Tatum Justice
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 Kathie Kalmowitz
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 Ray Karnes
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 Lyda Karrh
 Lawrence Katz
 Laura Kavanaugh
 Ellen Keeley
 Robert and Julie Keely
 Clifford Kelley
 Sabra Kelley
 Tammy Kelly
 Michelle Kempinski
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 Gregory Keniston
 Janet Kenworthy
 Cinnamon Kerschner
 Perri Kersh
 Matthew Kerul
 Lynn Kesterson-Townes
 Alex Keyes
 George Kibe
 Ms. Leslie Killeen and Mr.
 Kenneth Pugh
 Lisa Kimball
 Whitcomb Kincaid
 Holiday King
 John King
 Carole King
 Ken Kinka
 Theodore Kinni
 William Kinser
 Jessica Kirkland
 Kay Kirkman
 Marian Kirkman
 Wayne Kirkpatrick
 Marcia Kissel
 Ariane Kjellquist
 Janet Kleckner
 Robert Klepper
 Carol Kline
 Brian Klotz
 Joshua Kmiec
 Tom and Susan Knabel
 Steel String Brewery
 Robert Knight
 Rachel Knoepfel and John Dwyer
 Athletic Brewing
 Ryan Knudsen
 Mark Kocher
 Diana Koenning
 Susan Koesters
 Daniel Kohl
 LJ Kolb
 Lauren Konn
 Cedric Kopa
 Juliu Koppang
 Ann Koppen
 James Kovacs
 John Lucas Kvasckitz
 Nancy Krasnow
 Steve Krasnow
 Don Kraus and Hope Warsaw
 Susan Krause
 Sharon Kucyk
 Stephen Kuehm
 Steven Kuni
 Karl Kunkel
 Todd Kunst
 Steve Kuras
 Cameron Kurowski
 Ann Kurtis
 David Kussie
 Staci Kyle
 Stacy LaBare
 Henry Lafferty
 Camille Eckerd Lambe
 Philip Lambe
 Mark Lamphiear
 Edward Landis
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 Gail Lane
 Jessica Lane
 Brian Laney
 Jean M Lange
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 Rodney Lanier
 Sadie Lansdale
 Geraldine and Ray Larson
 Kathryn Larson and Laura Coffee
 Jonathan Law
 Brunson Lawrence
 Suzy Lawrence
 Megan & Tom Lawson
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 Erica Lear
 Bill Learn
 James Leatherberry
 Chris LeBlanc
 James Lee
 Doug Lee
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 Kenneth Leetz
 Melissa LeFevre
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 AST Prowash
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 Christa Leupen
 Martin Levine
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 Miriam Lieberman
 Thomas Linden
 Bryant and Linda Lindsey
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 Greg & Karen Lissy
 Daniel Little
 Monte Livengood
 Luther Livermon and Karen Bley
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 John Lloyd
 Alexander Lloyd
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 Lori Loew
 Jeff Long
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 Shay Lovette
 Ken Low
 Stephen Lowe
 Andrea Lowrance
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 Ken Lumsden
 Angelique Lund
 Neil Lutins
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 Dan Lutz
 Rose Luyet and Kathy Hulsizer
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 Alan MacKenzie
 Kevin Maddox
 Madrona Household
 Alice Mahood
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 Michael Maloney
 Beth Maness
 Miriam Mangers
 Atkins Family Foundation
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 Breanna Mann
 Richard Mann
 Thomas Mann
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 David Markowski
 Monroe Marlowe
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 Paulette Marty
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 Bill Mason
 Michele Mastroianni
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 Benjamin Mcmillen
 Melissa McMurray
 Sam McNair
 Mysti McNaughton
 Megan Mcnutt
 Alison McPherson
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 Terry McTernan
 Troy McVey
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 Jerry Morris
 Vicki Morris
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 Cindy and Bill Morse
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 Bobbi Mullins
 Madison Mumma
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 Toni Murray
 Baja Burrito
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THANK YOU

to each of the **1100+ volunteers** who together worked more than **38,815 hours** to build and maintain the Mountains-to-Sea Trail in 2021. Those volunteers worked in 21 task forces – each responsible for building and maintaining a different section of trail.

VOLUNTEER HOURS

Alamance County	118	Friends' Board	242
Alleghany	71	Grandfather Mountain	707
Ashe County	1,412	Greensboro & Eastern Guilford	403
Bald Knob	206	High Peaks Trail Association	326
Carteret County Wildlife/Croatan	878	Orange County	897
Central Blue Ridge	3,903	Outer Banks	37
Carolina Mountain Club	14,672	Pilot Mountain and Hanging Rock	982
Elkin Valley Trails Association	4,491	Sauratown Trails	756
Eno River	1,160	Stones Creek	188
Falls Lake	5,180	Upper Haw River	955
Friends Office	474	Watauga County	520
		Western Guilford	258

FROM LEFT: Volunteer workday at Stones Creek Game Land in Onslow County; Building a new bridge at Falls Lake in Segment 10; Moving a bridge in Segment 5 © Shelton Wilder



The **HONOR ROLL** below recognizes volunteers who are members of Friends of the Mountains-to-Sea Trail and have contributed 75 hours or more to build, maintain, and promote the trail in 2021.

Karl Anderson	Richard Evans*	Steve Lund *	John Pepin *	Vance Waggener
Allison Armieri	Todd Eveland	Victor Mariano *	Michael Phillips	Ron Walther
Aram Attarian	Richard Figura	Roger Mays	Phil Piaski	Tom Weaver *
Linda Attarian	Bob Flanigan	John McCulloch	Michael Reves	Chris Werbylo *
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Bob Beach	David Gardener	William Meador	Jane Rollins	Dave Whitlow
Curtis Belyea	Sacha Greer	Joe Mickey	Don Russ	Bob Wicklund
Bill Blackley *	Tom Griffin	Steven Mierisch *	Andrew Sam	Shelton Wilder
David Bland *	Jim Hallsey *	Richard Moore	Gregory Scott *	Billy Williams
Bill Boyarsky *	Peter J Hampson	Eric Motzno	Keith Sidden	Donnie Williams
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David Butler	Laura Johnson	Richard Nifong	Betty Thomas	Greg Yahn *
Butch Clark	Randy Johnson	Kit Ogburn	John Turley	Germaine Yahn
Paul Curtin *	Bob Johnson	Jan Onan	Douglas Veazey *	
Carl deAndrade	Bob Kilpatrick	Michael O'Neill	Richard Vitolo	* Volunteered 250 hours or more
Joel Deaton	Timothy Kurtz	David Pace	Garry Vogelpohl	
Fred Dietrich	Les Love	Arlene Pace	Thomas Wade	



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Moores Knob © Debra Demone

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