



Application for Award for Completing North Carolina's Mountains-to-Sea Trail

Friends of the Mountains-to-Sea Trail recognizes anyone who reports completion of the entire trail. Friend's policy is to operate on an honor system, assuming that those who apply for an award have completed the entire trail. People who apply for the award are expected to have hiked all sections that are natural surface trail or greenway trail, but people may choose whether to bike or hike sections that are on roads or paddle the two optional paddle routes.

I, _____, verify that I have completed the entire length of the Mountains-to-Sea Trail.
(PRINT NAME)

X _____
(SIGNATURE) (DATE)

Trail Nickname _____

Full Address _____
(Street or Box) (Town/City) (State/Country/Zip)

Best Telephone Number _____

E-Mail Address _____

Male _____ Female _____ Age _____ (at the end of your hike)

Through-Hiker _____ Section Hiker _____

Date Started _____ Date Finished _____

Backpacked Entire Distance? Yes/No (circle one)

Combination of Backpacking and Day hiking? Yes / No (circle one)

Hike only? Yes / No (circle one)

On road sections, combination of Hiking and Bicycling? Yes / No (circle one)

Did you paddle the Yadkin or Neuse sections? Yes / No (if yes, which sections?)

Would you be willing to talk to others planning to hike the MST? Yes / No (circle one)

What was your first source of information about the MST?

What guidebooks and maps did you use to plan your journey?

2

Did you keep a diary, journal, or notes about your journey? Yes / No (circle one)

Please describe below a few highlights or unique aspects of your hike, or use this space for feedback/suggestions for Friends and our volunteers as we are always looking to improve the hiker experience.

Do you have information on signage, road conditions, trail conditions, campgrounds (public or private), stores, restaurants, bicycle repair shops, hiking supply stores, gasoline/oil/vehicle repair stores, pharmacy stores, and grocery stores, unsafe or unfriendly sites that you would like to share?

Would you like to recognize any special people who assisted you on your journey such as other hikers, government agencies, commercial/business associates, security officers, Friends members, or others? If so, please list them below.

Please return your application to Friends of the Mountains-to-Sea Trail, PO Box 10431, Raleigh, NC 27605