



Restored mill houses line the streets in Glencoe along the MST on the Haw River.

Photo by Preservation NC

## Revolution and Textiles—MST Segment 9

### GREENSBORO'S BRYAN PARK TO ENO RIVER STATE PARK AT PLEASANT GREEN ROAD

By **George Poehlman** and **JoEllen Mason**

This 60-mile segment of the MST allows travelers to explore an area central to North Carolina's history leading up to and through the Revolutionary War and as a leader in the textile industry.

The western end of this segment is at Bryan Park at the end of a continuous 20-mile segment of the MST that follows Greensboro's watershed lakes. The eastern end is the MST trailhead at Pleasant Green Road in Eno River State Park which leads eastbound hikers to 105 continuous miles of trail along the Eno and Neuse Rivers to Clayton.

## HIGHLIGHTS INCLUDE

- 8.0 miles of trail along the Haw, a beautiful river with rocks and rapids and abundant wildlife. These rapids provided power to a vibrant textile industry from the 1850s to the 1980s. Hikers on this segment of trail walk through the heart of Glencoe, an 1880s mill village where many of the historic mill buildings and homes have found new owners and modern uses. The village is complete with an artist studio and a Textile Heritage Museum, showcasing life in Carolina mill towns from the early 1800s.
- 3.0 miles of trail in the town of Hillsborough, which was at the heart of the Regulator uprising against the British leading up to the Revolutionary War and was later home to the North Carolina legislature during the war itself. The MST takes hikers along the Eno River to the center of this bustling, historic town and past the Occoneechee Speedway, one of the first two NASCAR racetracks to open in the inaugural 1949 season.
- Several parks: Guilford County's Northeast Park, Alamance County's Shallow Ford Natural Area, Mebane's Lake Michael Park, Hillsborough's Gold Park, and Classical American Homes' James M. Johnston Nature Preserve

This MST segment is experiencing rapid changes as local governments and state parks acquire land for the future trail route. Friends of the Mountains-to-Sea Trail (Friends) volunteer crews welcome your help to build and maintain the trail. Please contact Friends at [info@MountaintoSeaTrail.org](mailto:info@MountaintoSeaTrail.org) or 919-825-0297 to get involved.

**Total Distance: 60.1 miles (13.0 miles of trail; 47.1 miles of road)**

**Difficulty: Easy**

## Trail Updates

When planning your trip using this guide, take a moment to see whether Friends of the Mountains-to-Sea Trail (Friends) has posted any updates about the trail route by visiting Friends' "Trail Updates" page at [MountainstoSeaTrail.org/updates](http://MountainstoSeaTrail.org/updates).

## Trail Angels

The MST is fortunate to have many Trail Angels: friendly people who have volunteered to provide assistance to long-distance hikers ranging from local information to lodging and food. We greatly appreciate our Trail Angels' willingness to give back to the hiking community and the MST. For information about Trail Angels in Segment 9 and the services they can provide, see [MountainstoSeaTrail.org/the-trail/trail-angels](http://MountainstoSeaTrail.org/the-trail/trail-angels).

## Camping/Lodging

Eastbound (EB) Mile 21.4; Westbound (WB) Mile 38.6 (1.0 mile from trail)

Shallow Ford Natural Area, 1955 Gerringer Mill Rd., Burlington, 27217, 336-270-5124; [www.alamance-nc.com/recreation/outdoors/hrt/about-shallow-ford](http://www.alamance-nc.com/recreation/outdoors/hrt/about-shallow-ford). Primitive camping is available here for \$10/night for up to 10 campers. Make reservations by calling 336-270-5124 or online at [alamance.recdesk.com/Community/Facility](http://alamance.recdesk.com/Community/Facility).

EB Mile 42.3; WB Mile 17.8 (0.2 mile from trail)

The Old Place Bed and Breakfast, 1600 Saddle Club Rd., Mebane, 27302, 919-563-1733. Please call a day or two in advance and they will return call to confirm availability. Rates are \$100 per bed per night.

EB Mile 53.4; WB Mile 6.6 (0.3 mile from trail)

Inn at Teardrops, 175 W. King St., Hillsborough, 27278, 919-732-1120; [www.innatteardrops.com](http://www.innatteardrops.com). Rooms are \$165-\$185 per night.

EB Mile 53.4; WB Mile 6.6 (1.2 miles from trail)

Microtel Inn, 120 Old Dogwood St., Hillsborough, 27278, 919-245-3102; [www.wyndhamhotelgroup.com](http://www.wyndhamhotelgroup.com). Rooms start at \$67/night. Just off S. Churton St./Old NC 86.

EB Mile 53.4; WB Mile 6.6 (1.3 miles from trail)

Holiday Inn Express, 202 Cardinal Dr., Hillsborough, 27278, 800-315-2621; [www.ihg.com/holidayinnexpress/hotels/us/en/hillsborough/hllnc/hoteldetail](http://www.ihg.com/holidayinnexpress/hotels/us/en/hillsborough/hllnc/hoteldetail). Rooms start at about \$100 per night.

EB Mile 59.6; WB Mile 0.5 (0.7 mile from the trail)

Scottish Inn, 5303 US 70 W., Durham, 27705, 919-383-2561. For online reservations and information, Google “Scottish Inn Durham NC.” Rooms are \$66-\$76 per night.

EB Mile 60.1; WB Mile 0.0 (more than 3.0 miles from this trailhead)

Several camping locations are available in the Eno River State Park, which forms the eastern end of this MST segment, although none are immediately on the trail route. See [www.ncparks.gov/Visit/parks/enri/activities.php](http://www.ncparks.gov/Visit/parks/enri/activities.php) to make reservations.

Lodging is also available in the communities listed below. (See “Additional Information” for tourism websites, and check [www.airbnb.com](http://www.airbnb.com) as well. Some airbnb hosts will provide shuttles so that you can complete this segment as a series of day hikes.)

Greensboro/Guilford County  
 Burlington/Alamance County  
 Mebane  
 Hillsborough

Also check Friends’ “Trail Angels” page at [MountaintoSeaTrail.org/the-trail/trail-angels](http://MountaintoSeaTrail.org/the-trail/trail-angels) for additional camping and lodging options.

















## Supplies/Restaurants

EB Mile 4.7; WB Mile 55.4	Food Lion shopping center
EB Mile 8.1; WB Mile 51.9	Convenience store
EB Mile 23.2; WB Mile 36.8	Stores and ATM
EB Mile 29.0; WB Mile 31.1	Convenience store
EB Mile 33.2; WB Mile 26.9	Convenience stores
EB Mile 41.1; WB Mile 19.0	Food Lion shopping center with a pharmacy

- EB Mile 48.5; WB Mile 11.6 Convenience store and grill
- EB Mile 52.9; WB Mile 7.1 Restaurants in West End Hillsborough
- EB Mile 53.4; WB Mile 6.6 Downtown Hillsborough stores, restaurants, library, and post office; outdoor store approximately 1.0 mile south of the MST on Old NC 86
- EB Mile 59.0; WB Mile 1.1 Convenience store

## Water/Restrooms

The best sources of water on this segment are at water fountains in parks and bottled water from convenience stores (see list above). Avoid drinking surface water.

- EB Mile 0.0; WB Mile 60.1 Bryan Park Soccer Complex  
- EB Mile 10.0; WB Mile 50.1 Northeast Park  
- EB Mile 21.4; WB Mile 38.6 Shallow Ford Natural Area  
- EB Mile 25.8; WB Mile 34.3 Great Bend Park parking area 
- EB Mile 26.9; WB Mile 33.1 Glencoe Paddle Access parking area 
- EB Mile 32.6; WB Mile 27.5 Red Slide Park  
- EB Mile 42.1; WB Mile 17.9 Lake Michael Park (March-October only)  
- EB Mile 52.7; WB Mile 7.3 Gold Park  
- EB Mile 54.9; WB Mile 5.2 Orange County SportsPlex, about 1 mile from the trail, allows hikers free access to water and restrooms and to showers and the pool for \$5 (\$3.50 for seniors). To reach the SportsPlex, follow a trail between two bridges to Clarkson Ridge Ln. Continue straight on Clarkson Ridge, turn right at intersection with Quincy Cottage Rd., then cross US 70A.  

## Hunting

There is hunting along the 4-mile section from Stoney Creek Lake to Red Slide Park. Hikers should be on the alert and wear bright orange marking during fall hunting season. Learn more about hunting seasons and regulations before your trip at [www.ncwildlife.org/Hunting](http://www.ncwildlife.org/Hunting).

## Signs and Blazing

The road portions of this segment are not signed or blazed.

Along the Haw River Trail/MST (EB Miles 24.6-32.6; WB Miles 27.5-35.4), the route is blazed with 3-inch white plastic circles nailed to trees. Signs along the trail identify the route as Haw River Trail and may not be marked as MST.

Along Hillsborough's Riverwalk/MST (EB Miles 52.5-54.5; WB Miles 5.5-7.6), the trail is blazed with white circles on metal sign posts.

Between the Oconeechee Speedway and US 70 (EB Miles 54.5-55.4; WB Miles 4.5-5.5), the trail is blazed with 3-inch white circles painted on trees.

## Special Considerations

On road sections, watch for traffic and narrow shoulders.

Dogs are allowed on this segment of the MST, but should be on leashes at all times.

## ADDITIONAL INFORMATION

Friends office: 919-825-0297 or [info@MountainstoSeaTrail.org](mailto:info@MountainstoSeaTrail.org)

Visit Greensboro: [www.visitgreensboronc.com](http://www.visitgreensboronc.com)

Visit Alamance Co. (Burlington): [www.visitalamance.com](http://www.visitalamance.com)

Visit Hillsborough: [www.visithillsboroughnc.com](http://www.visithillsboroughnc.com)

## Trail Maps

Google map of the entire MST: [MountainstoSeaTrail.org/map](http://MountainstoSeaTrail.org/map)

MST/Haw River Trail segment: [www.thehaw.org/land-trail/land-trail-maps/glencoe-sellers-falls](http://www.thehaw.org/land-trail/land-trail-maps/glencoe-sellers-falls)

Hillsborough's Riverwalk: [www.hillsboroughnc.gov/media/page-documents/riverwalk-and-mountains-to-sea-trail-network-map.pdf](http://www.hillsboroughnc.gov/media/page-documents/riverwalk-and-mountains-to-sea-trail-network-map.pdf)

## Other Valuable Links

Glencoe Mill Village and Textile Heritage Museum:  
[textileheritagemuseum.org/history.html](http://textileheritagemuseum.org/history.html)

Glencoe Studios, Art in Action: [glencoestudios.com](http://glencoestudios.com)

Haw River Trail: [www.thehaw.org/land-trail/land-trail-overview](http://www.thehaw.org/land-trail/land-trail-overview)

Greensboro's Bryan Park:  
[www.greensboro-nc.gov/index.aspx?page=1154](http://www.greensboro-nc.gov/index.aspx?page=1154)

Guilford County's Northeast Park:  
[www.myguilford.com/parks/northeast-park](http://www.myguilford.com/parks/northeast-park)

Mebane's Lake Michael Park: [www.cityofmebane.com/city\\_hall/departments/recreation\\_and\\_parks/parks\\_facilities\\_and\\_trails/lake\\_michael](http://www.cityofmebane.com/city_hall/departments/recreation_and_parks/parks_facilities_and_trails/lake_michael)

Historic Occoneechee Speedway Trail:  
[www.visitnc.com/listing/historic-occoneechee-speedway-trail](http://www.visitnc.com/listing/historic-occoneechee-speedway-trail)

Historic Speedway Group: [www.historicspeedwaygroup.org](http://www.historicspeedwaygroup.org)

Classical American Homes/Ayr Mount:  
[classicalamericanhomes.org/ayr-mount](http://classicalamericanhomes.org/ayr-mount)

## PRIMARY PARKING LOCATIONS

### Bryan Park Soccer Complex Parking Lot

EB Mile 0; WB Mile 60.1



N36.17028, W79.74392

### Food Lion Shopping Center (0.3 Mile from MST)

EB Mile 4.7; WB Mile 55.4



N36.15266, W79.71111

### Guilford's Northeast Park

EB Mile 10; WB Mile 50.1



N36.16596, W79.61593

### Guilford County Farm

EB Mile 14.7; WB Mile 45.4



N36.13739, W79.55054

### Shallow Ford Natural Area, Alamance County

EB Mile 21.4; WB Mile 38.6



N36.15284, W79.4885

### Great Bend Park, Alamance County

EB Mile 25.8; WB Mile 34.3



N36.1437, W79.43333

### Glencoe Paddle Access, Alamance County

EB Mile 26.9; WB Mile 33.1



N36.13693, W79.42647

### Stoney Creek Marina, Alamance County

EB Mile 28.7; WB Mile 31.4



N36.12693, W79.40634

### Red Slide Park, Alamance County

EB Mile 32.6; WB Mile 27.5



N36.09064, W79.37119

### Lake Michael Park, Mebane (March-October only)

EB Mile 42.1; WB Mile 17.9



N36.10669, W79.24951

### Gold Park, Hillsborough

EB Mile 52.7; WB Mile 7.3



N36.07105, W79.11149

### Hillsborough Parking Deck, Nash & Kollock St.

EB Mile 53.4; WB Mile 6.6



N36.07339, W79.10021

### Historic Occonechee Speedway Trail

EB Mile 54.5; WB Mile 5.5



N36.07008, W79.08563

### Eno River State Park, Pleasant Green Rd. Access

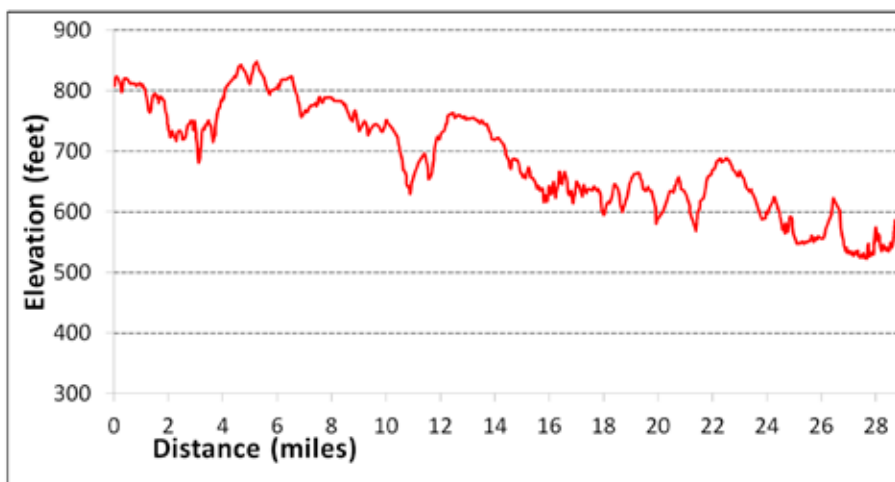
EB Mile 60.1; WB Mile 0



N36.04725, W79.01156






## Segment 9 Eastbound










### Hiking Directions, Eastbound

#### MAIN ROUTE

- 0.0 From Bryan Park Soccer Complex parking lot on the west side of Southshore Rd., turn right on Southshore Rd. to begin Segment 9. *Note:* The Jim Batten Soccer Parking Lot across Southshore Rd. has water and restrooms. To reach the parking lot by vehicle, drive north from Greensboro on O. Henry Blvd. (US 29) and take the Hicone Rd. exit. Turn right on Hicone Rd. and travel approximately 0.7 mile, then turn right on Summit Ave. After another 0.6 mile, turn left on Scott Rd., then immediately right on Rudd Station Rd., following signs to Bryan Park Soccer Complex. Travel 0.9 mile on Rudd Station Rd., which changes its name to Southshore Rd. at the railroad tracks, and the parking area will be on your left.   
- 0.4 Turn left on Townsend Rd.
- 1.5 Turn right on Bryan Park Rd.
- 1.7 Cross bridge over railroad tracks.
- 2.2 Across from entrance to Gateway University Research Park, turn left on Summit Ave.

## Elevation Profile



- 2.8 Turn right on Reedy Fork Pkwy., then cross bridge over O. Henry Blvd. (US 29).
- 3.3 Turn right on Eckerson Rd.
- 4.7 Turn left on Hicone Rd. *Note:* A Food Lion shopping center and parking are 0.3 mile to the right on Hicone Rd.   
- 5.3 Continue straight across Hines Chapel Rd.
- 6.6 Continue straight across McLeansville Rd. Northeast High School is on the left after the intersection.
- 8.1 Continue on straight past Friendship Church Rd. and convenience store on left and golf course on right. 
- 8.8 At T-intersection, turn left on Huffine Mill Rd.
- 10.0 Continue straight across High Rock Rd. *Note:* Northeast Park, with parking, water, and restrooms, is 0.1 mile to the left on High Rock Rd.   
- 10.9 Cross bridge over Buffalo Creek.
- 12.2 Turn right on Endwell Rd.
- 13.4 At T-intersection, turn left onto Eaglesfield Rd. Road sign is hidden under tree on left.
- 13.5 Turn right onto Howerton Rd. then pass Isley Horse Farm on right.



Camping



Lodging



Parking



Food



Restrooms



Supplies



Water








Picnic



The Haw River flows over a remnant of the Virginia Mill dam in Swepsonville.




Photo by Brian Baker





- 13.7 Continue straight through intersection with NC 61. *Note:* Howerton Rd. is mostly a gravel road from NC 61 to the county line.
- 14.6 Continue straight past County Farm Rd. on right.
- 14.7 Continue straight past Guilford County Farm on left. *Note:* The farm was formerly the Guilford County Prison Farm. Parking is available and there is a port-a-john next to caretaker office and greenhouses. There is a well water spigot; however, the piping was meant to support 100 to 200 inmates, so the water now lies in the pipes for long periods. 🅅 🚻 💧
- 15.0 Turn right onto gravel farm road.

- 15.2 Pass through farm gate, passing gate on left. Turn left onto field access lane along fence line. *Note:* Trail follows fence along right (south) side.
- 15.8 Turn left at end of fence to enter into woods.
- 15.8 Cross creek.
- 15.9 Cross stream.
- 16.2 Pass bench beside creek.
- 16.3 Turn right and continue on trail along fence.
- 16.5 Cross stream.
- 16.7 Continue on trail at end of fence.
- 16.9 Leave woods and turn left onto gravel farm road.
- 17.0 Pass through gate and turn right onto Amick Rd. *Note:* You are now in Alamance County, having crossed from Guilford County on the trail. Amick Rd. is the same road as Howerton Rd. with a name change at the county line.
- 17.1 Continue straight through intersection with Gibsonville Ossipee Rd.
- 18.0 At T-intersection, turn left on Elon Ossipee Rd.
- 18.7 Cross bridge over Tickle Creek.
- 19.1 Turn right on Barber Rd.
- 20.0 At T-intersection, turn left onto NC 87.
- 20.8 Turn right on Gerringer Mill Rd.
- 21.4 Cross bridge over Haw River, then continue straight past entrance to Shallow Ford Natural Area on left. *Note:* The natural area has trails, some of which are planned to be incorporated into the MST. See the “Camping/Lodging” section for this segment for information about primitive campsites in the natural area 1.0 mile from the MST.    
- 22.3 At T-intersection, turn right on Burch Bridge Rd.
- 23.2 Turn left on Greenwood Dr. *Note:* There is a retail center with an ATM at this intersection. 
- 24.3 Turn right on Indian Valley Dr.
- 24.6 Turn right on Haw River Trail (HRT), then go down steps and pass Indian Valley Paddle Access to the Haw River on right.
- 24.8 Turn right on Whispering Wind Rd.
- 24.9 Turn right on HRT and follow trail to golf course.



Mebane's Woodlawn community center  
 Photo by PJ Wetzel, [www.pjwetzel.com](http://www.pjwetzel.com)

- 25.0 Turn right and follow edge of the golf course to back of tee #7, where trail goes into woods.
- 25.2 Leave the woods and follow the edge of the golf course along the rough of #6.
- 25.3 Re-enter the woods.
- 25.4 Leave the woods and follow the edge of the golf course along the rough of #5.
- 25.6 Re-enter the woods from golf course behind tee #5.
- 25.8 Cross a bridge into Great Bend Park. Stay right through a clearing to enter woods. *Note:* Just after crossing the bridge, the access trail to parking on Greenwood Dr. is on left.  
- 26.0 Continue straight along old roadbed past paddle-access area with picnic table and ½-Mile Island Trail on right. Pass a gate and continue straight on Mill Race Rd. You are entering the restored historic mill town of Glencoe. 
- 26.2 Turn left on Hodges Rd.

- 26.4 Turn right on Sarah Rhyne Rd.
- 26.5 Turn right on Glencoe St.
- 26.7 Turn slightly left on Glencoe St. past the village water tank on left.
- 26.8 Turn right on the HRT and follow the trail through woods.
- 26.9 Cross a parking lot and continue on the trail past Glencoe Paddle Access and under NC 62.  
- 27.8 After two sets of steps, enter an open area behind mill building. The trail goes behind the building and follows telephone poles paralleling Carolina Mill Rd.
- 28.0 Turn left on trail to cross Carolina Mill Rd., then Carolina Rd.
- 28.7 At kiosk, turn right past Haw River Trail (HRT)/MST signboard and continue on the stone path along the chain-link fence to entrance gate to Stoney Creek Marina. At gate, turn right and continue on gravel entrance road (Faulkner Rd.). *Note:* Stoney Creek Marina has designated parking for Haw River Trail to right of gate. 
- 28.8 Turn left on Carolina Rd. at HRT signpost.
- 29.0 Pass Copland Water Plant on left. At T-intersection, turn left on Carolina Mill Rd., then cross bridge over Stony Creek, where road changes name to Deep Creek Church Rd. *Note:* There is a low water crossing at Boyds Creek on this next section that can be impassible if the river level is up. You can check the gauge height at the USGS National Water Information System website ([waterdata.usgs.gov/nwis/uv?02096500](http://waterdata.usgs.gov/nwis/uv?02096500)). If the Haw River gauge at Haw River is above a height of 3.0 feet then we suggest you use the alternate road route described at the end of this guide. We hope to bridge this crossing as soon as possible.
- 29.0 At HRT signpost just before intersection with Sandy Cross Rd. with convenience store on left, turn right on trail. 
- 29.1 At HRT signpost, turn right on Sandy Cross Rd.
- 29.3 At HRT signpost on right, enter trail off road.
- 29.4 Proceed across open field for 100 feet and continue on trail paralleling Stony Creek.
- 29.5 Cross first of 10 bridges on this section of trail.
- 29.7 Enter open field and cross water channel, then immediately enter back into woods on right.
- 30.0 Cross twin bridges.



Camping



Lodging



Parking



Food



Restrooms










Supplies



Water



Picnic

- 30.0 Enter open field. In 100 feet cross a water channel and enter back into woods on right.
- 30.9 Continue on grass tractor path then enter back into woods on right.
- 31.1 Enter open field where you cross a water channel. In 50 feet enter back into woods on right.
- 31.2 Proceed across field to a low-water crossing at Boyds Creek requiring rock-hopping.
- 31.4 Go under power line.
- 31.8 Enter open field where you cross a water channel. In 25 feet enter back into woods on right.
- 32.0 Just past “End of Haw River Trail” sign, emerge onto US 70. Turn right and proceed across bridge. *Note:* Use extreme caution as this is a high-traffic area.
- 32.1 At end of guardrail, enter woods on right and go down the hillside to “End of Haw River Trail” sign where HRT continues south under the highway bridge.
- 32.4 Enter mowed field of Red Slide Park and parallel river.
- 32.5 Just before riverside benches, turn right towards children’s playground (note blaze on tree to right of playground). Pass playground to reach sidewalk and turn left towards paved parking area.
- 32.6 Cross Red Slide Park parking area, with parking, water, and restrooms, and continue on sidewalk south to Lang St.   
- 32.8 Turn left on W. Main St.
- 32.9 Cross “John Robert Watkins Memorial Bridge” over the Haw River. The street name changes to E. Main St. here.
- 33.2 Turn right on Stone St. *Note:* There are two convenience stores on E. Main St. just past the turn.  
- 34.4 Continue straight across Trollingwood Rd.
- 36.7 Continue straight across Gibson Rd. The street name changes to S. Third St. Ext. here.
- 40.2 Cross US 70/NC 119. *Note:* You are entering the old downtown of Mebane, a very quaint and beautiful old factory town, with food, coffee, and many antiques.  
- 40.4 Turn left on W. Graham St.
- 40.5 Turn right on N. 1st St./NC 119.



Camping



Lodging



Parking



Food



Restrooms










Supplies



Water



Picnic

- 41.1 Turn right on E. Stagecoach Rd. *Note:* A Food Lion shopping center is on right just before the turn. 
- 42.0 At T-intersection, turn left on W. Lebanon Rd.
- 42.1 Continue straight past entrance to Lake Michael Park on right. *Note:* From March through October, parking, water and restrooms are available in the park.   
- 42.3 Continue straight past Saddle Club Rd. on left. *Note:* Old Place Bed and Breakfast is 0.2 mile up Saddle Club Rd. on left. See the “Camping/Lodging” section for this segment for more information. 
- 43.7 Continue straight past Lebanon United Methodist Church on left.
- 45.5 Continue straight past White Cross Church on right.
- 46.4 Turn right on N. Efland–Cedar Grove Rd.
- 47.9 Continue straight across US 70. Efland Presbyterian Church is on right.
- 48.1 Make a 90-degree turn to the left as the road changes names to Forrest Ave. E.
- 48.3 Turn right on Mt. Willing Rd., then cross railroad tracks.
- 48.5 Continue straight past a convenience store and then a grill on right.  
- 48.7 Continue straight under I-85/I-40.
- 48.8 Turn left at blinking light on W. Ten Rd./Dewey Rogers Rd.
- 49.3 Turn left on US 70/I-85 Connector.
- 49.5 Continue straight under I-85/I-40.
- 49.6 Turn right on Ben Johnston Rd.
- 51.1 Continue straight across Eno River; you are entering Kings Hwy. Park.
- 51.3 At intersection, continue straight as Ben Johnson Rd. becomes Dimmocks Mill Rd.
- 52.2 Turn right on Allison St. Pass a gravel parking lot and a paved parking lot on left.
- 52.3 Cross road carefully and enter the first driveway on left. Signage for Eno River Mill office is at entrance.
- 52.4 At the single section of split-rail fence, turn right and go down the paved driveway.



Camping



Lodging



Parking



Food



Restrooms



Supplies

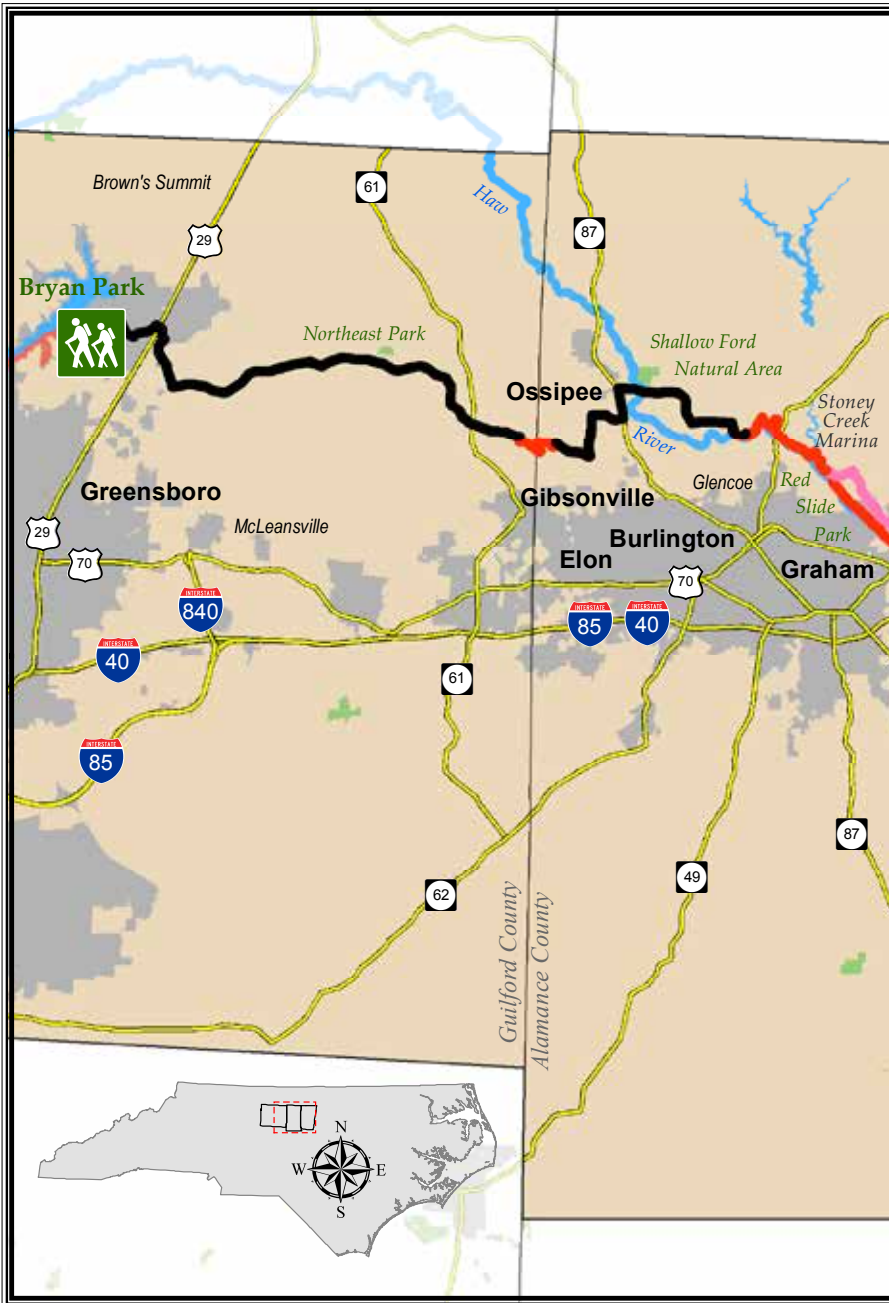


Water












Picnic





Map and elevation profile produced for Friends of the Mountains-to-Sea Trail by Curtis Belyea, 2018.



- 52.5 Just past the “STOP/DO NOT ENTER” signs, enter a mowed grassy path on right. In 10 yards turn left on the paved Riverwalk. *Note:* Riverwalk dead ends to the right.
- 52.5 Stay right at Y-intersection.
- 52.7 Pass Gold Park and Dog Park on left. *Note:* Parking, water, and restrooms are available 0.1 mile away across the field.   
- 52.9 Pass trail on left, then cross under railroad tracks.
- 52.9 At T-intersection, turn right to cross bridge over the Eno River, then turn left immediately past bridge. *Note:* Continue straight just before crossing the bridge and then turn left on Calvin St. to reach the restaurants of West End Hillsborough. 
- 53.2 Continue straight past trail coming in from right.
- 53.4 Cross bridge over the Eno River and then turn right onto boardwalk. Follow the boardwalk and continue on paved path. *Note:* To visit historic Hillsborough, go straight after crossing the Eno River bridge then go right past public parking garage to Weaver St. Market. Turn left onto Churton St. for shops and restaurants. A hardware store, pharmacy, historic sites, post office, and library are on side streets in this quaint and beautiful downtown area. The Inn at Teardrops is also downtown, and other motels are south on Churton St.; see the “Camping/Lodging” section for this segment for more information.    
- 53.6 Cross under Churton St. bridge, then enter River Park and stay on paved trail.
- 53.7 At Y-intersection, take right fork.
- 53.8 Leave River Park, staying on paved trail paralleling the Eno River.
- 54.0 Leave paved trail.
- 54.1 Continue on gravel trail to enter historic Ayr Mount Plantation, a Classical American Homes Preservation Trust.
- 54.3 Cross the Eno River on bridge donated by Classical American Homes.
- 54.4 Turn left by VIETRI outlet store to stay on trail.
- 54.5 Cross Elizabeth Brady Rd. and continue through Historical Occo-  
neechee Speedway Trail parking area past kiosk and onto trail to-  
ward historic racetrack. 



Eno River bridge on Hillsborough's MST/Riverwalk  
Photo by Keith Blalock




- 54.7 After trail makes a sharp left turn, turn right onto main access road at T-intersection.
- 54.8 At end of road, pass a kiosk with a map of the Historic Occoneechee Speedway Trail on your left and make slight right past bench into woods. A visit to the speedway is well worth it!






The trail along the Eno River at the Occoneechee Speedway in Hillsborough  
 Photo by Laverne Zachary, Historic Speedway Group

- 54.9 At a T-intersection, turn right to cross a bridge over Cates Creek and enter the James M. Johnston Nature Preserve. Bear left at a Y-intersection, then cross another bridge in about 200 feet. *Note:* The trail to the right at the Y-intersection (signed “Forest Ridge/SportsPlex”) leads to the Orange County SportsPlex about a mile away, where swimming and shower facilities are available, along with water and restrooms. Refer to the “Water/Restrooms” section for this segment for directions and further information. 💧 🚻
- 55.1 Stay left at the top of the climb. Note the “Private Property” sign on right.
- 55.3 Continue along the bank of the Eno River. After beginning an ascent, there is a large rock on the left side of trail, which provides a good place to break and enjoy the view.
- 55.5 At the bottom of the descent, bear right and cross stream. Follow steps up a steep, rocky embankment. Bear left and then right to the top of the hill and roadway (US 70). At roadway, turn right to follow US 70 East.
- 56.1 Continue straight across Lawrence Rd. at traffic light.



- 57.3 At flashing light at junction of US 70 and US 70 Business, continue straight to stay on US 70 East.
- 58.5 Continue straight across Linden Rd.
- 59.0 Continue straight past convenience store on right. 
- 59.6 Turn left on Pleasant Green Rd. Bull City Radiator is on left at traffic light. *Note:* For lodging at Scottish Inn motel, continue straight on US 70 Business E. for 0.7 mile. Motel is on the right. 
- 60.1 To complete Segment 9, look for the brown state park sign on the left and walk into the boat launch parking area at the Pleasant Green Rd. trailhead of Eno River State Park. If you cross the bridge over the Eno River, you have gone too far. *Note:* To reach the trailhead and parking area by vehicle, take Exit 170 on I-85 and head north on US 70. (If you are coming from eastbound I-85, you will need to head south from the exit about ¼ mile, then make a U-turn.) Just north of I-85, where the US 70 median narrows, turn right on Pleasant Green Rd. The parking area will be on the left after 0.4 mile. 

#### ALTERNATE ROAD ROUTE

- 0.0 At Mile 28.8 of the main route, after crossing Stony Creek bridge, turn right on Sandy Cross Rd. at convenience store on left. 
- 0.8 Turn right on Haw River Hopedale Rd.
- 1.0 Continue straight past Riverdale Baptist Church on right.
- 2.6 Continue past Taylor Rd. on left.
- 3.6 At T-intersection, turn right on Keck Rd. (no sign).
- 3.9 Turn right on Roxboro Rd. *Note:* There is a convenience store on Roxboro Rd. at intersection. 
- 4.3 Cross US 70; road name changes to E. Main St. *Note:* There are two convenience stores on E. Main St. 
- 4.7 Turn left on Stone St. Resume main route directions at Mile 33.1.



Camping



Lodging



Parking



Food



Restrooms



Supplies



Water



Picnic









People enjoy festivities outside the 1844 Old Orange County Courthouse in downtown Hillsborough.

Photo courtesy of The Alliance for Historic Hillsborough

## HIKING DIRECTIONS, WESTBOUND

### MAIN ROUTE

- 0.0 From the Pleasant Green Rd. trailhead in Eno River State Park, turn right on Pleasant Green Rd. to begin Segment 9. *Note:* To reach the trailhead and parking area by vehicle, take Exit 170 on I-85 and head north on US 70. (If you are coming from eastbound I-85, you will need to head south from the exit about  $\frac{1}{4}$  mile, then make a U-turn.) Just north of I-85, where the US 70 median narrows, turn right on Pleasant Green Rd. The parking area will be on the left after 0.4 mile. 
- 0.5 Turn right onto US 70 W. at traffic light. Bull City Radiator is on the right. *Note:* For lodging at Scottish Inn motel, turn left and continue straight on US 70 Business E. for 0.7 mile. The motel is on the right. 
- 1.1 Continue straight past convenience store on left. 

- 1.5 Continue straight across Linden Rd.
- 2.7 At flashing light at junction of US 70 and US 70 Bypass, continue straight on US 70 Bypass.
- 3.9 Continue straight at traffic light, crossing Lawrence Rd.
- 4.5 Just before bridge, look for “Eno River” sign on right. Turn sharp left to cross US 70, and go down steep embankment at clearing. Look for steps built down the embankment. At bottom of the embankment, cross a stream. There is a large boulder on the right. Bear left to follow trail uphill.
- 4.7 Continue straight to follow trail along bank of Eno River.
- 5.0 Stay right at top of the climb. Note the “Private Property” sign on left.
- 5.2 Cross a bridge, then bear right at a Y-intersection. Cross a second bridge over Cates Creek, noting the “James M. Johnston Nature Preserve” sign on right, then turn left at T-intersection. *Note:* The trail to the left at the Y-intersection (signed “Forest Ridge/SportsPlex”) leads to the Orange County SportPlex about a mile away, where swimming and shower facilities are available, along with water and restrooms. Refer to the “Water/Restrooms” section for this segment for directions and further information.  
- 5.3 At junction with wide dirt road, turn left down road towards parking lot. There is a kiosk with a map of the Historic Oconeechee Speedway Trail straight ahead before turn. A visit to the speedway is well worth it!
- 5.4 Turn left from main road onto marked trail.
- 5.5 Walk into Historic Oconeechee Speedway Trail parking area by kiosk. Cross parking lot and Elizabeth Brady Rd. onto trail paralleling the VIETRI outlet store. 
- 5.7 Turn right and enter the grounds of historic Ayr Mount Plantation, a Classical American Homes Preservation Trust.
- 5.8 Cross the Eno River on bridge donated by Classical American Homes and turn left.
- 5.9 Take a slight right to join end of Riverwalk Trail leaving Classical American Homes property.
- 6.1 Continue on paved Riverwalk Trail.
- 6.3 Enter River Park.



Camping



Lodging



Parking



Food



Restrooms



Supplies























Water



Picnic



- 6.4 At T-intersection, turn left.
- 6.5 Leave River Park and continue on paved trail paralleling the Eno River, crossing under Churton St. bridge.
- 6.6 Turn left at T-intersection, then cross bridge over Eno River. *Note:* To visit historic Hillsborough, turn right at the T-intersection then go right past public parking garage to Weaver St. Market. Turn left onto Churton St. for shops and restaurants. A hardware store, pharmacy, historic sites, post office, and library are on side streets in this quaint and beautiful downtown area. The Inn at Teardrops is also downtown, and other motels are south on Churton St.; see the “Camping/Lodging” section for this segment for more information.    
- 6.9 At Y-intersection, take right fork on trail marked with MST sign paralleling the Eno River.
- 7.1 At T-intersection, turn right to cross bridge over the Eno River, then turn left immediately past bridge and continue on boardwalk. *Note:* Turn right after crossing the bridge and then left on Calvin St. to reach the restaurants of West End Hillsborough. 
- 7.2 Cross under railroad tracks, then pass trail on right and continue to parallel the Eno River.
- 7.3 Pass Gold Park and Dog Park on right. *Note:* Parking, water, and restrooms are available 0.1 mile away across the field.   
- 7.6 Near the temporary dead end of Riverwalk, turn right onto mowed grassy path for 10 yards and then left on paved driveway. Pass a school building and the Eno River Mill office on your right.
- 7.7 At the single section of split-rail fence, turn left toward road.
- 7.7 Turn right on Allison St. and cross road carefully to reach sidewalk.
- 7.8 Turn left onto Dimmocks Mill Rd.
- 8.7 At intersection where Dimmocks Mill turns left over river, continue straight onto Ben Johnston Rd. *Note:* There is no road sign. At this intersection, you are entering Kings Hwy. Park.
- 9.0 Continue straight across Eno River.
- 10.4 Turn left on US 70/I-85 Connector.
- 10.6 Continue straight under I-85/I-40.
- 10.7 Turn right on W. Ten Rd./Dewey Rogers Rd.
- 11.3 Turn right on Mt. Willing Rd. at blinking light.

- 11.4 Continue straight under I-85/I-40.
- 11.6 Continue straight past a grill and then a convenience store on left.  
- 11.8 Cross over railroad tracks, then turn left on Forrest Ave.
- 12.0 Turn right on S. Efland–Cedar Grove Rd.
- 12.1 Continue straight across US 70. Efland Presbyterian Church is on left.
- 13.7 Turn left on W. Lebanon Rd.
- 14.6 Continue straight past White Cross Church on left.
- 16.3 Continue straight past Lebanon United Methodist Church on right.
- 17.8 Continue straight past Saddle Club Rd. on left. *Note:* Old Place Bed and Breakfast is 0.2 mile up Saddle Club Rd. on left. See the “Camping/Lodging” section for this segment for more information. 
- 17.9 Continue straight past entrance to Lake Michael Park on left. *Note:* From March through October, parking, water and restrooms are available in the park.   
- 18.1 Turn right on E. Stagecoach Rd.
- 19.0 Turn left on N. 1st St./NC 119. *Note:* A Food Lion shopping center is on left just after the turn.  
- 19.5 Turn left on W. Graham St.
- 19.7 Turn right on N. Third St. *Note:* You are entering the old downtown of Mebane, a very quaint and beautiful old factory town, with food, coffee, and many antiques.  
- 19.9 Cross US 70/NC 119 and continue on S. Third St.
- 23.3 Continue straight across Gibson Rd. The street name changes to Stone St. here.
- 25.7 Continue straight across Trollingwood Rd.
- 26.9 Turn left onto E. Main St. *Note:* Turn right instead for two convenience stores on East Main St. just past the turn. There is a low-water crossing at Boyds Creek on this next section that can be impassible if the river level is up. You can check the gauge height at the USGS National Water Information System website ([waterdata.usgs.gov/nwis/uv?02096500](http://waterdata.usgs.gov/nwis/uv?02096500)). If the Haw River gauge at Haw River is above a height of 3.0 feet then we suggest you use the alternate road route described at the end of this guide. We hope to bridge this crossing as soon as possible.  



Camping



Lodging



Parking



Food



Restrooms



Supplies



Water








Picnic



Hikers cross a footbridge on the MST/Haw River Trail.

Photo by Megan Squire

- 27.2 Cross “John Robert Watkins Memorial Bridge” over the Haw River. The street name changes to W. Main St. here.
- 27.3 Turn right on Lang St.
- 27.5 Continue on sidewalk to paved parking area for Red Slide Park, where there are parking, water, and restrooms. Follow sidewalk past children’s playground, then turn right (note white-dot blaze on tree) and cross mowed field to riverside. For the next 8.0 miles, you will be walking on the Haw River Trail (HRT), which runs conjunctively with the MST.   
- 27.6 At riverside benches, turn left to parallel river.
- 27.6 Where trail leaves mowed field of Red Slide Park, follow the blazes.
- 27.9 After passing under the US 70 bridge, pass an “End of Haw River Trail” sign; turn left and ascend the hillside until the trail emerges at the end of the guardrail onto US 70. Turn left again and proceed across the bridge. *Note:* Use extreme caution as this is a high traffic area.

- 28.1 Look for a blaze just past the “Three Governors Bridge” sign; in 10 yards, turn left past the “Gas Pipeline” warning sign and follow the trail down the embankment to an “End of Haw River Trail” sign where the HRT rejoins the MST. You will soon cross the first of 10 bridges in this section of trail.
- 28.3 Enter open field and in 25 feet cross a water channel, then enter back into woods on left.
- 28.6 Go under power line.
- 28.8 Cross Boyds Creek at a low-water crossing, requiring rock-hopping. After crossing creek, trail turns left back across open field.
- 28.9 Enter open field where you cross a water channel, then enter back into woods on left.
- 29.1 Exit onto grass tractor path, skirting field for 500 feet, then enter back into woods on left.
- 30.0 Enter open field where you cross water channel. In 100 feet, enter back into woods on left.
- 30.1 Cross twin bridges.
- 30.4 Enter open field and cross water channel, then immediately enter back into woods on left.
- 30.6 Proceed across open field for 100 feet, then continue on blazed trail going northeast.
- 30.8 Turn left on Sandy Cross Rd.
- 30.9 At HRT signpost on left, turn down trail towards Stony Creek.
- 31.1 Turn left on Deep Creek Church Rd. at convenience store on right. Cross bridge over Stony Creek, where road changes name to Carolina Mill Rd. 
- 31.1 Just past bridge, turn right on Carolina Rd., then pass Copland Water Plant on right. Take the crosswalk across Carolina Mill Rd. and proceed up the hill on Carolina Rd. past the Copland Water Plant to “Stoney Creek Lake” entrance sign.
- 31.3 Turn right on Faulkner Rd. at HRT signpost and head toward Stony Creek Marina.
- 31.4 At kiosk, turn left past Haw River Trail (HRT)/MST signboard and follow trail into woods. *Note:* Stony Creek Marina has designated parking for the HRT to right of gate. 



Camping



Lodging



Parking



Food



Restrooms









Supplies




















Water



Picnic

- 32.1 Cross Carolina Rd., then Carolina Mill Rd. After crossing Carolina Mill Rd., turn right to parallel the Haw River.
- 32.2 After going up some steps enter an open area and follow trail behind mill building, then turn left down two sets of steps. The trail now parallels the Haw River for the next mile.
- 33.1 Go under NC 62, past Glencoe Paddle Access, to a HRT parking area, then follow the HRT through the woods.  
- 33.2 Turn left on Glencoe St.
- 33.3 Turn slightly right on Glencoe St. past the village water tank on right. You are entering the restored historic mill town of Glencoe.
- 33.6 Turn left on Sarah Rhyne Rd.
- 33.7 Turn left on Hodges Rd.
- 33.9 Turn right on Mill Race Rd.
- 34.1 Pass through a gate onto an old roadbed and continue on the HRT in Great Bend Park past ½-Mile Island Trail on the left. Continue on an old roadbed where the trail enters the woods and parallels the Haw River. A paddle-access area with picnic table is on left. 
- 34.3 Enter a clearing, stay to the left, and then cross a bridge to exit Great Bend Park. The trail then re-enters the woods. *Note:* To the right, just before crossing the bridge, is an access trail to parking on Greenwood Dr.  
- 34.4 Exit the woods onto golf course behind tee #5 and follow the rough of #5.
- 34.7 Enter woods.
- 34.8 Leave the woods and continue along the rough of #6.
- 34.9 Re-enter the woods.
- 35.0 Exit the woods and follow the edge of the golf course behind tee #7 and then re-enter the woods.
- 35.1 Exit the woods onto Whispering Wind Rd.
- 35.2 Turn left back into woods on HRT.
- 35.4 Pass the Indian Valley Paddle Access on left, then walk up steps and turn left onto Indian Valley Dr.
- 35.8 At T-intersection, turn left on Greenwood Dr.
- 36.8 At T-intersection, turn right on Burch Bridge Rd. *Note:* There is a retail center with an ATM on the left at this intersection. 
- 37.7 Turn left on Gerringer Mill Rd.

- 38.6 Continue straight past entrance to Shallow Ford Natural Area on right, then cross bridge over Haw River. The natural area has trails, some of which are planned to be incorporated into the MST. See the “Camping/Lodging” section for this segment for information about primitive campsites in the natural area 1.0 mile from the MST.    
- 39.3 At T-intersection just past Western Alamance High School, turn left on NC 87.
- 40.1 Turn right on Barber Rd.
- 40.9 At T-intersection, turn left on Elon Ossipee Rd.
- 41.4 Cross bridge over Tickle Creek
- 42.1 Turn right on Amick Rd.
- 43.0 Continue straight through intersection with Gibsonville Ossipee Rd.
- 43.0 Take first left through farm gate onto gravel road.
- 43.2 At end of gravel road, turn right towards woods.
- 43.4 Reach fence and continue straight on trail.
- 43.6 Cross stream.
- 43.8 Continue on trail at end of fence.
- 43.8 Pass bench beside creek.
- 44.2 Cross stream.
- 44.2 Cross creek.
- 44.3 Emerge from woods and continue along south (left) side of fence.
- 44.9 At T-intersection, turn right onto gravel road, then pass through farm gate.
- 45.0 At T-intersection, turn left on Howerton Rd. *Note:* You are now in Guilford County, having crossed from Alamance County on the trail. Howerton Rd. is the same road as Amick Rd. with a name change at the county line.
- 45.4 Continue straight past Guilford County Farm on right. *Note:* The farm was formerly the Guilford County Prison Farm. Parking is available and there is a port-a-john next to caretaker office and greenhouses. There is a well water spigot; however, the piping was meant to support 100 to 200 inmates, so the water now lies in the pipes for long periods.   
- 45.5 Continue straight past County Farm Rd. on left.

- 46.3 Continue straight through intersection with NC 61.
- 46.6 Pass Isley Horse Farm on left. At T-intersection, turn left on Eaglesfield Rd.
- 46.7 Turn right on Endwell Rd.
- 47.8 Turn left on Huffine Mill Rd.
- 49.1 Cross bridge over Buffalo Creek.
- 50.1 Continue straight across High Rock Rd. *Note:* Northeast Park, with parking, water, and restrooms, is 0.1 mile to the right on High Rock Rd.   
- 51.2 Turn right on Hicone Rd.
- 51.9 Continue straight past golf course on left and Friendship Church Rd. and convenience store on right. 
- 53.4 Continue straight across McLeansville Rd. Northeast High School is on right just before intersection.
- 54.8 Continue straight across Hines Chapel Rd.
- 55.4 Turn right on Eckerson Rd. *Note:* A Food Lion shopping center and parking are 0.3 mile straight ahead on Hicone Rd.   
- 56.8 At T-intersection, turn left on Reedy Fork Pkwy.
- 57.2 Cross bridge over O. Henry Blvd. (US 29), then, at T-intersection, turn left on Summit Ave.
- 57.9 Across from entrance to Gateway University Research Park, turn right on Bryan Park Rd.
- 58.4 Cross bridge over railroad tracks.
- 58.5 Turn left on Townsend Rd.
- 59.7 Turn right on Southshore Rd.
- 60.1 Turn left into parking lot across from the Jim Batten Soccer Parking Lot for the Bryan Park Soccer Complex, and arrive at the end of Segment 9. *Note:* The Jim Batten lot has water and restrooms. To reach the parking lot by vehicle, drive north from Greensboro on O. Henry Blvd. (US 29) and take the Hicone Rd. exit. Turn right on Hicone Rd. and travel approximately 0.7 mile, then turn right on Summit Ave. After another 0.6 mile, turn left on Scott Rd., then immediately right on Rudd Station Rd., following signs to Bryan Park Soccer Complex. Travel 0.9 mile on Rudd Station Rd., which changes its name to Southshore Rd. at the railroad tracks, and the parking area will be on your left.   





Guilford County Farm, formerly the county prison  
Photo by Greg Yahn

## ALTERNATE ROAD ROUTE

- 0.0 At Mile 26.8 of the main route, turn right onto E. Main St.
- 0.5 Cross US 70; road name changes to Roxboro Rd. *Note:* There are two convenience stores before this intersection. 🏪
- 0.9 Turn left on Keck Rd. *Note:* There is a convenience store on Roxboro Rd. just past Keck Rd. 🏪
- 1.1 Turn left at Haw River Hopedale Rd., second road on left (no road sign).
- 2.2 Continue straight past Taylor Rd. on right.
- 3.7 Continue straight past Riverdale Baptist Church on left.
- 4.0 Turn left on Sandy Cross Rd.
- 4.7 Turn left on Deep Creek Church Rd. at convenience store on right. Cross bridge over Stony Creek, where road changes name to Carolina Mill Rd. Resume main route directions at Mile 31.1. 🏪



Camping



Lodging



Parking



Food



Restrooms



Supplies



Water



Picnic