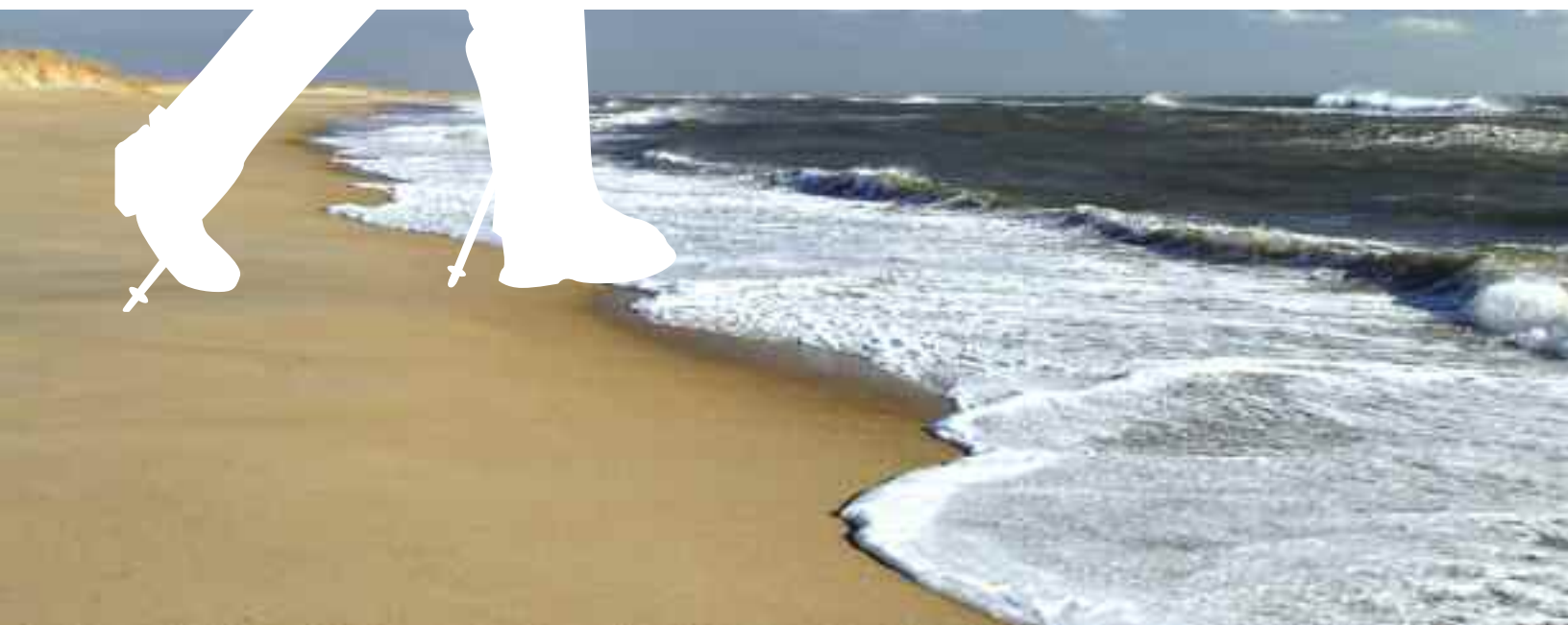




Annual Report January 1, 2010 to December 31, 2010





Dear Members and Friends of the MST,

2010 was a year of great progress on the Mountains-to-Sea Trail and for our organization. On behalf of our board of directors we are pleased to submit this annual report and to thank our volunteers, trail partners and sponsors for making these accomplishments possible. Highlights include:

- More than 1,000 volunteers contributed 18,295 hours to build and maintain the MST.
- Nearly 200 people attended the October dedication of 25 new miles of trail built by the South Ashe and Watauga task forces along the Blue Ridge Parkway near Boone.
- Among the thousands of hikers who used the trail during the year were three from Guilford County who completed the entire trail and President and First Lady Obama who hiked near Asheville.
- FMST's "Put Another Log on the Fire" fundraising campaign met its \$40,000 goal. The funds are being used to strengthen operations, establish a permanent endowment, and begin participation in statewide employee workplace giving campaigns in Fall 2011.
- In November 2010, the Board of Directors developed FMST's first three-year strategic plan. Goals are focused in four areas, including spurring trail building progress in the Coastal Plain.
- As part of FMST's annual Mountains-to-Sea Trail Month in October, more than 500 people participated in the "Clues on the Neuse" scavenger hunt along a newly-built section of the trail in downtown Smithfield. Overall more than 1,600 people participated in 23 events across the state.
- A critical gap for the trail along the Eno River was closed with a year-end land donation by LinkBros LLC to the Eno River Association. Alamance County acquired four tracts along the Haw River which will help the trail connect two historic mill villages.

The FMST invites you to join our efforts to provide this great outdoor experience for generations to come.

Sincerely,

JOHN A. JASKOLKA
2010 PRESIDENT

WILLIAM W. SADLER
2011 PRESIDENT



Clearing winter storm debris.
Shelton Wilder



Dedicating 25 new miles of trail.
Blue Ridge Parkway Foundation

VOLUNTEERS DRIVE TRAIL BUILDING & MAINTENANCE

In 2010, more than 1000 volunteers contributed 18,295 hours to maintain more than 400 miles of existing trail and build an additional 15.5 miles of new trail.

New trail construction was concentrated in seven areas:

- 1 • 1 mile along the Blue Ridge Parkway near Soco Gap
- 2 • 2 miles along the Blue Ridge Parkway near Boone
- 2 • 2 miles along the Blue Ridge Parkway near West Jefferson
- 3 • 3 miles of rerouting the Sauratown Trail between Pilot Mountain and Hanging Rock State Parks
- 4 • 2 miles along the Haw River near Burlington
- 5 • 1.5 miles at Eno River State Park
- 6 • 4 miles at Falls Lake

The hours of volunteer trail work represent approximately \$180,000 of in-kind services for the MST. See the list at the end of this annual report of the fifty volunteers who were recognized for contributing 75 hours or more, including eight who worked more than 200 hours.

2 Nearly 200 people attended the October dedication of 25 new miles of trail built over the last few years along the Blue Ridge Parkway near Boone. State and federal officials recognized the outstanding efforts to complete the section by the South Ashe Task Force led by Jim Hallsey and Watauga Task Force led by John Lanman.

When a Christmas Day 2009 ice storm and tough winter snows set back the task forces' efforts to complete the trail, volunteers came from all over the state to help them clear trees and branches during a "Big Push Spring Clearance" in May.

A part of this section, which was vulnerable to rockslides, was built thanks to a \$20,000 grant from the Watauga Tourism Authority. Funds for tools and building materials for the volunteers were provided by the federal Recreational Trails Program administered by the NC Division of Parks and Recreation.

6 Another big MST project got underway in 2010 when engineering work began on a 110-foot pedestrian bridge over Little Lick Creek, the only break in a nearly 60-mile stretch of continuous trail at Falls Lake in Durham. Construction is made possible thanks to grants totaling \$205,000 through Durham County and the federal Recreational Trails Program.

At the request of Blue Ridge Parkway staff, FMST and State Parks worked together to prepare recommendations for new camping sites for long-distance MST hikers. At present, limited legal campsites present a logistical challenge for hikers on this section of the MST, and we appreciate the Blue Ridge Parkway's interest in addressing the problem.

Charles Murphy, a professional structural engineer with SGI Engineering in Carrboro, generously donated sealed designs for standardized 12-foot and 16-foot bridges that FMST can use in many settings. Already these bridge designs have been very helpful in trail building at the Eno River State Park where state regulations require that all bridge designs be approved by the NC Department of Insurance.

7 Other major bridge projects occurred on the Neusiok Trail—a section of the MST that runs through pocosins and bogs in the Croatan National Forest near Havelock. Volunteers reconstructed two major bridges— one 322 feet and the other 140 feet, and the US Forest Service, with federal stimulus funding, reconstructed almost four miles of trail with eight new bridges, two rebuilt bridges, and crushed marl.

Thanks to an educational grant from the federal Recreational Trails Program, FMST was able to offer a class to certify volunteers in the safe use of chainsaws for the second year in a row.

LAND ACQUIRED FOR THE TRAIL IN DURHAM AND ALAMANCE COUNTIES

In the closing days of 2010, a critical gap in the route of the MST along the Eno River was closed thanks to a donation by the LinkBros, LLC of Durham to the Eno River Association. The one-acre property will allow completion of the MST from Pleasant Green Road to Guess Road in Durham.

Alamance County acquired four small tracts of land along the Haw River which are critical links for the section of trail which will eventually connect two historic mill villages—Carolina Mill and Glencoe—to Red Slide Park in the Town of Haw River.



Ian Fraher on MST at Falls Lake.

20TH HIKER COMPLETES TRAIL

Three persons from Greensboro pushed the number of hikers who have completed the MST to 20. Ian Fraher became the 20th in November when he thru-hiked the trail in a little more than two months. Steve Hassenfeldt and Cooper Brantley, Greensboro businessmen and first-time long distance hikers, completed their journey in June.



President and First Lady Obama hike the MST.
Official White House photo



PRESIDENTIAL HIKE, WEB PAGE, EVENTS INCREASE AWARENESS OF MST

Public awareness of MST, which is crucial to building support for the trail, was given a series of boosts in 2010. In April President and First Lady Obama drew national media attention to the trail when they hiked a section of the MST near Asheville while on vacation.

In May, the Mountains-to-Sea Trail was selected as one of North Carolina's 10 Best Natural Wonders by voters in a contest sponsored by Land for Tomorrow. Six of the ten wonders selected are on the MST route or a short distance from it. They are Blue Ridge Parkway, Cape Hatteras and Cape Lookout, Grandfather Mountain and New River, Great Smoky Mountains and Ocracoke Island.

In the fall FMST's third annual Mountains-to-Sea Trail Month drew more than 1,600 people to 23 events all over the state. There was a trail dedication, a scavenger hunt, day hikes, paddling, trail workdays and a raffle that included \$3,000 in gift certificates donated by Great Outdoor Provision Company. Other sponsors included Patagonia, The North Face, Commercial Glazing Associates, and Wyrick Robbins.

The scavenger hunt, in downtown Smithfield, drew more than 500 people to the newly-built trail on the banks of the Neuse River. Contestants in "Clues on the Neuse" competed to answer 25 questions that helped them learn about the MST. Eight local groups including the Girl Scouts, Boy Scouts, Howell Woods Environmental Learning Center, Clemmons Educational State Forest, Johnston County's Arts Council and Heritage Center and the Parks & Recreation Departments of Clayton and Smithfield participated in the event. The Downtown Smithfield Development

Corporation and Johnston County Visitors Bureau also provided great support.

Thanks to a grant from REI, FMST has a new website that is easy to navigate and packed full of useful information.

News releases about various FMST events continue to generate news stories, media interviews and blogger coverage about the trail. Learn NC, a program of the UNC School of Education, has included a module on the MST in its new digital text book about North Carolina's history for 8th graders across the state.

FMST BUILDING STRONG FOUNDATION FOR FUTURE WITH FUNDRAISING, ORGANIZATION

FMST's *Put Another Log on the Fire* fundraising campaign met its \$40,000 goal, and the funds will be used to strengthen operations, establish a permanent endowment, and begin participation in employee workplace giving campaigns in Fall 2011.

FMST used \$10,000 from the campaign to become a member of EarthShare North Carolina, an organization which helps its member groups participate in more than 100 employee-giving campaigns.

FMST also used funds from the campaign to establish a permanent endowment at the NC Community Foundation with an initial investment of \$10,000. The principal of the endowment will not be touched, but the income from it will be a steady source of support for the trail. FMST's goal is to build the endowment over time.

Members of the *Put Another Log on the Fire* campaign committee were Jim Anderson, chair, Jerry Barker, Cooper Brantley, Crawford Crenshaw, Steve Hassenfelt, John Lanman, Howard Lee, Les Love, Will Roberson and David Ruffin.

ADVOCACY

FMST was an active member of a coalition to protect federal and state funding for trails, parks and recreation and water quality. Those funds have played an important role in protection of lands that are part of the MST's route.

FMST also continued to work in 2010 with members of the General Assembly toward creating a new specialty license plate for MST. The plates are a great way for people to show their support and raise needed funds for the MST. Unfortunately, the bills did not pass in 2010, and FMST plans to continue work for a plate in 2011.



"Clues on the Neuse" on the MST in Smithfield.
Photos by Chris Johnson



Volunteer Dolly Rose on the MST with her grandchildren.

FMST BOARD UNDERTAKES STRATEGIC PLAN

In November 2010, the Board of Directors developed a three-year strategic plan for FMST. To prepare for their strategy meeting, they invited experts on a variety of issues to speak to them at an August meeting in Hillsborough. Topics of discussion that day included 1) State Parks' plans for the trail, 2) impressions of people who have completed the trail, 3) models of other successful trails, 4) raising public and private dollars, and 5) discussion of challenges in two sections of trail – the northern Piedmont and the Coastal Plain.

The Board used information gathered in the August meeting to develop strategic goals for the next three years. Goals established focus in four areas: 1) spurring progress in building the trail in the Coastal Plain; 2) strengthening support for our volunteer trail crews; 3) rerouting the trail to include newly-built

sections and establishing guidelines for what qualifies someone for an MST completion award; and 4) expanding our relationship with state and local governments. Specific tasks were then developed to move forward on implementing those goals in 2011. Richard Whisnant, Professor of Public Law and Government at UNC's School of Government, ably facilitated the strategic planning session.

At the end of the year, two new board members were elected to fill board seats vacated by John Jaskolka and Jim Anderson when their terms expired. John has been a leader on trail projects in the New Bern area, and he served with distinction as FMST's Board President in 2010. Jim made an impact for the trail by serving as chair of FMST's first "Put Another Log on the Fire" campaign.

The new board members elected to serve three-year terms starting on January 1, 2011 are Keri Christensen of Clayton and George

Rawlins of Reidsville. George, a public school teacher, also serves as FMST's Trail Specialist for the section of trail from Stone Mountain State Park to the Orange/Alamance county line. Keri is Director of Harbor House, a women's shelter in Johnston County, and an avid hiker and MST supporter.

Bill Sadler of New Bern was elected to succeed John Jaskolka as Board President, and Crawford Crenshaw of Raleigh was elected as Treasurer to succeed Bruce Wisely. Jeff Brewer and Liz King were reelected as Vice President and Secretary, respectively.

FMST hosted the 12th Annual Meeting and Conference of Task Force Leaders on March 13, 2010 at Haw River State Park in Brown Summit. More than 80 people attended to report on progress in their areas, share ideas and learn from others.

FINANCIAL STATEMENTS

January 1, 2010 to December 31, 2010

	12/31/10	12/31/09	\$ Change
ASSETS			
Cash & Cash Equivalents	215,473	57,987	157,486
Grant/Pledges Receivable	34,496	205,611	(171,115)
Other Current Assets	4,834	1,665	3,169
Fixed Assets	3,324	3,141	183
Grants Receivable, Long-term	75,611	-	75,611
TOTAL ASSETS	\$333,738	\$268,404	\$65,334

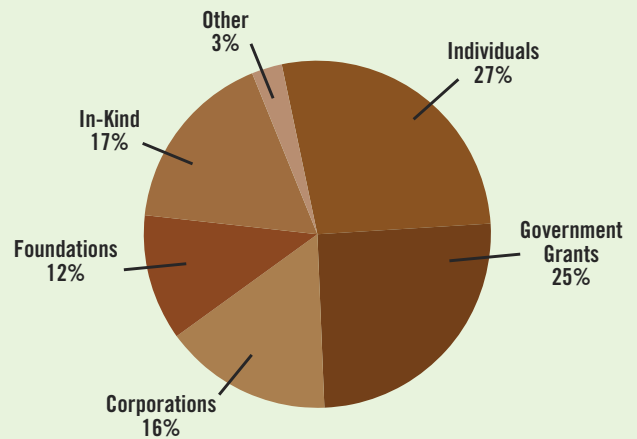
LIABILITIES & NET ASSETS

Current Liabilities	257	180	77
Net Assets			
Unrestricted	76,818	50,558	26,260
Temporarily Restricted	256,663	217,666	38,997
Total Net Assets	333,481	268,224	65,257
TOTAL LIABILITIES & NET ASSETS	\$333,738	\$268,404	\$65,334



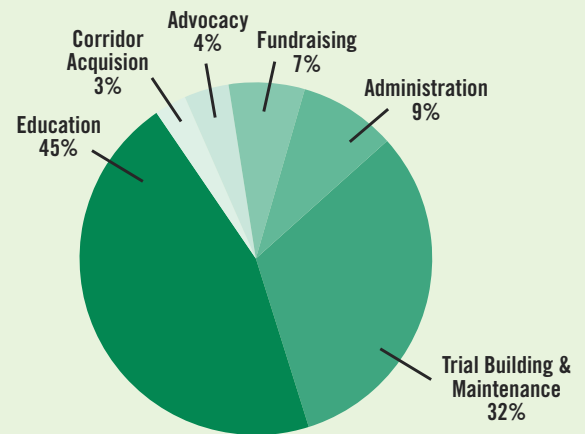
SOURCES OF INCOME

TOTAL INCOME: \$194,016
JANUARY 1, 2010 TO DECEMBER 31, 2010



EXPENDITURES BY PROGRAM AREA

TOTAL EXPENDITURES: \$129,541
JANUARY 1, 2010 TO DECEMBER 31, 2010



FMST MEMBERS IN 2010

1000-Mile Society Members (# of years a member)

Bernard and Holly Arghiere, Asheville (2 years)
Danielle and Leonard Bernstein, Asheville (4 years)
F. Cooper Brantley, Greensboro (1 year)
Jeff, Amy and Lalan Brewer, Raleigh (11 years)
Bull City Running Co., Durham (1 year)
Commerical Glazing Associates, Charlotte (3 years)
Crawford Crenshaw and Laurie Dunn, Raleigh (3 years)
Allen DeHart, Louisburg (11 years)
Kate Dixon and Dan Wilkinson, Raleigh (4 years)
Foliage Concepts (1 year)
Fuller Land & Development, Cary (1 year)
Nancy D. Gill and Eric Motzno, Raleigh (3 years)
Great Outdoor Provision Co. (10 years)
Stephen C. Hassenfelt, Greensboro (2 years)
Anita Howell, Chapel Hill (3 years)
John & Margaret Lanman, Blowing Rock (3 years)
Mast General Store, Valle Crucis (1 year)

NC Community Foundation, Raleigh (1 year)
Patagonia (2 years)
Lunsford Richardson Preyer Charitable Lead Unitrust, Greensboro (1 year)
REI (10 years)
Restoration Systems, Raleigh (3 years)
Sarah Rubin and Jim Blose, Asheville (1 year)
David H. Ruffin, Raleigh (2 years)
Tom Russell Charitable Foundation, Oakbrook Terrace (2 years)
"B" & Martha Townes, IV, Boomer (4 years)
Donald and Jean Walton, Mills River (10 years)
Burroughs Wellcome Fund, Research Triangle Park (1 year)
Shawn Williams, Chapel Hill (4 years)
Wyrick Robbins Yates & Ponton, Raleigh (3 years)
Alan R. York, Lewisville (1 year)

Government Grants

NC Division of Parks & Recreation (11 years)
Ashe County, Jefferson (1 year)
Town of Bethania (1 year)
Pride of Kinston (2 years)

Other Corporate and Organization Members

AntiGravityGear, Wilmington (5 years)

BB&T (1 year)
Be Active-Appalachian, Boone (1 year)
Blue Ridge Parkway Foundation (2 years)
Boy Scout Troop 335, Wilkesboro (2 years)
Carolina Specialties, Winston-Salem (4 years)
Chaco (1 year)
Clay's Power Equipment, Raleigh (2 years)
Columbia (1 year)
Four Oaks Bank (1 year)
Keep Johnston County Beautiful, Smithfield (1 year)
Macon Bank, Franklin (1 year)
Marmot (1 year)
Merrell (1 year)
Mountain Hardwear (1 year)
NC Bike Club (2 years)
North State Services, Washington (4 years)
One World Shoppe, New Bern/Beaufort (2 years)
Randonneurs USA (2 years)
Stephen Meehan Communications, Raleigh (7 years)
Stevens Chiropractic and Wellness, Durham (1 year)
The North Face (1 year)
Woolrich (1 year)

10-Year Members

Lillian A. Benton, Bunn
John A. Jaskolka, New Bern
Mike and Ruth Simpson, Greensboro

Dwayne Stutzman and Sara Davis, Asheville

9-Year Members

Carol Banaitis, Raleigh
Beverly Duval, King
Steven Joines, Sparta
Sherman L. Stambaugh, Asheville
G. Bruce Wisely, Raleigh

8-Year Members

Bob Benner, Morganton
Lewis and Barbara Boyles, Durham
J. Michael Davis, Charlotte
Allan R. Ellstrom, Knoxville
Tom and Marian Jerdee, Chapel Hill
Joe, Laura and Michael Mavretic, Raleigh
David Thoenen, Raleigh

7-Year Members

Nancy L. Cormany, Raleigh
Robert and Sarah Dixon, Fuquay-Varina
Dewey and Martha Fox, Morganton
Joe and Jo Ann Swofford, Clyde
John C. and Kathy Underhill, Cary

6-Year Members

Robert and Martha Cline, Burlington
Mark Gatehouse, Greensboro
Jim and Jennie Hallsey, Fleetwood

Alan Householder, Sevierville, TN
J. Wayne Mangum, Raleigh
L.P. McElroy, Waynesville
Glenn McLeroy, Charlotte
Howard Pate, Jr., Spring Lake
Edward Seltzer, Marion
James L. Spencer, III, Pisgah Forest
David J. Whitlow, Havelock
Billy and Deborah Williams, Hickory

5-Year Members

Lee and Lois Barry, Shelby
Ray L. Benedictus, III, Irvine, CA
Dilys Bowman and Will Mitchell, Chapel Hill
William J. Bretz, Weaverville
Kenneth and Carol Deal, Asheville
John French and Robin L. Wright, Raleigh
Emily G. Grogan, Pinnacle
Elizabeth King, Cary
Johnny and Carleen Massey, Garner
Richard McDowell, Raleigh
Henry and Kathryn Nelson, Maryville, TN
George C. Rawlins, Reidsville
David Royster, Lexington
Gregory Scott, Raleigh
Ronald Walker, Atlanta, GA
Michael Willett, Raleigh

4-Year Members

Mary V. Alford, Highlands
Paul Black, Huntsville, AL
Piet B. Bodenhorst, Asheville

Richard Bostic, Raleigh
Grant Cibula, Raleigh
David DeHart, Signal Mountain, TN
Thomas Dillon and Grace Mauney, Winston-Salem
Elizabeth M. Dixon, Washington, DC
Gordon Ferguson and Bobbi Owen, Chapel Hill
Richard E. Gainer, Winston-Salem
Robert Glenn, Jr., Durham
Doris Hammett, Asheville
John Huber, Cornelius
J. Scott Kanich, Chapel Hill
W. Phil Kanoy, Thomasville
George and Leslie Kennedy, Apex
David and Susan Lennox, Stone Mountain, GA
Margaret A. Lillard, Raleigh
Gerard Mackle, New Bern
Jack C. McVey, Pinehurst
Steven Mierisch, Clemmons
Alice S. Monk, Mocksville
Ken Parker, Wake Forest
William and Mary Ann Pruehsner, Ararat, VA
Ray and Sheri Raymer, Greensboro
David B. Rittlinger, Wake Forest
William Ross, Chapel Hill
Darren and Heidi Schwartz, Winston-Salem
Boyce R. Staton, Erwin, TN
James B. Suiter, Carrboro
Matthew Terrible, Raleigh
Thomas and Janis Wade, Durham

Michael G. Wenkster,
Martinsville, VA

3-Year Members

Thomas P. Anderson, Garner
Garland and Charlene Askew,
Raleigh
Tim and Michele Aydlett,
Elizabeth City
Jerry Barker, Raleigh
Sindy and Brad Barker,
Chapel Hill
Karen and Joe Bearden, Raleigh
Donald B. Bergey,
Winston-Salem
David Bland, Cary
Bill Borden, Raleigh
Blair Bowers, Chapel Hill
Susan Bowers, Raleigh
James T. Bowles, MD, Cullowhee
Jeff Branim, Wake Forest
Charles L. Braswell, Jr., Garner
Ken Canter, Wilkesboro
John C. Clamp, Durham
Edna Collins, Durham
Lenwood Collins, Greensboro
Joe Cook, Winston-Salem
David B. Craft, Greensboro
Carolyn Crump, Carrboro
Steve Cummings, Reidsville
Mike Dayton, Raleigh
James F. Delark, Charlotte
Will and Donna Farmer,
Wake Forest
William Flounoy, Raleigh
Frank and Carole Gailor, Raleigh
John A. Goebel, Durham
Karl Gottschalk, Durham
L.C. Green, Wake Forest
Wilbur and Jane Gurganus,
Jacksonville
Norman and Nancy Gustavson,
Chapel Hill
Mary Hagan, Fayetteville
Shannon R. Hardy, Knightdale
Richard L. Hibbits, Raleigh
Helen Holbrook, Havelock
Bill Holman and Stephanie
Bass, Raleigh
Alice and George Horton,
Durham
Ray Huger and Beth McKee-
Huger, Greensboro
Peter and Sandra Jacobi,
Durham
Jacob Jaskolka, Raleigh
Jennifer Jaskolka, Raleigh
James Johnson, Raleigh
Robert Johnson, Statesville
Tim Johnson, Morganton
Randy Jones and Marcia Lieber,
Raleigh
Phillip and Emily Keel,
Robersonville
Joe Layton and Sarah Roholt,
Raleigh
Marge Anders and Thomas
Limbert, Chapel Hill
Simon Loddell, Moncure
John S. Manuel, Durham
JoEllen Mason, Durham
Houck M. and K.B. Medford,
Winston-Salem
Charles F. Moeller, Morganton
Mitz and Andy Moyer, Maury
Pat and Vicki O'Mara, Essex, MD
Barbara Oslund, Pittsboro
Maurita Paprocki, Durham
Margaret Parker, Chapel Hill
Lucia Peel, Williamston
Allmuth Perzel, Glendale Springs
Phil Piaski, Claremont
J. Greg Poole, Jr., Raleigh
David G. Rice, Winston-Salem
Mary Rulli and Gary Kollm,
Archdale
William W. Sadler, New Bern
Carolyn Sakowski and Alton
Franklin, Winston-Salem
Steven M. Schewel and Lao

Rubert, Durham
Mr. and Mrs. Peter Schulz,
New Bern
Mr. and Mrs. Robert Segal,
High Point
Robert and Pearl Seymour,
Chapel Hill
Ms. Jon Shaw, Greenville
Rich Shaw and Holly Reid,
Hillsborough
Steve and Beth Sipple, Cary
Kate Smith, Fayetteville
Becky and Roy Smucker,
Asheville
Brenda Summers, Raleigh
Jan Willis, Morehead City
John Willis, Hillsborough
Albert Woelfle, Wake Forest
R. Peyton Woodson, Raleigh

2-Year Members

David Aaronson, Asheville
Alex Ashton, Julian
Pamella Aubrecht, Raleigh
Eddy Bakeberg, Lansing
Cindy Belangia, New Bern
Mark Beraman, Pittsboro
Mike Bianco, Greensboro
Audrey J. Booth, Chapel Hill
Lynne Bresler, Chapel Hill
Ken and Luann Bridle,
Walnut Cove
Irene and Alan Briggaman,
Chapel Hill
Skip Browder, Clayton
Rebecca Bumgardner, Raleigh
Jason Burgess, Jacksonville
Samuel and Janet Burgiss,
Knoxville, TN
Teresa E. Burnette, Durham
Bill Bussey, Pittsboro
K. Ellen Caldwell, St. Simons
Island, GA
Al Capehart and Carolyn
Townsend, Pittsboro
William R. Cocks, Chapel Hill
Jim Cooper, Wilmington
Eric and Betsy Davis, Raleigh
Robert and Elizabeth Dean,
Raleigh
John Dixon, Chevy Chase, MD
Shirley Drechsel and Wayne
Vaughn, Graham
Robert Dunn, Greensboro
William H. Dunn, N. Wilkesboro
Bill Ellis, Kinston
David and Lucy Fountain,
Raleigh
Jim and Betsy Froyd, Bryson City
George Gergues, Durham
Wayne Giese, Morganton
Susan Glendenning, Raleigh
John and Karen Gotsch, Raleigh
Wilbur Gulley, Durham
Heidi Hannapel, Durham
Richard Harris, Winston-Salem
Robert Harris, Hillsborough
James E. and Marjorie P. Haynes,
Rockingham
William J. Hinds, Mocksville
Ms. Devron Hoffman, Dallas
Pamela Hoffman, Boone
Larry and Elizabeth Horrell,
McGrady
Richard C. Huelsman, Raleigh
Christine Hughes, Wilmington
Eula and Lewis Humphrey,
Clayton
Neal Hunt, Raleigh
Sig and Nancy Hutchinson,
Raleigh
Barry and Robin Jacobs,
Hillsborough
Bob and Melissa Johnson, Cary
H. Gray Jolly, Winston-Salem
Mary Coker & Bill Joslin, Raleigh
Leah Karpen, Asheville
Wendy Lapiash and John Beck,
Apex
Robert Little, Clayton

Janet Logan, Wilmington
Leslie R. and Catherine Love,
Weaverville
Lloyd MacAskill, Leland
Agnes F. Marshall, Raleigh
John McCulloch, Greensboro
Palmer and JP McIntyre,
Greensboro
Sonya S. McKay, Cary
Kenneth Mitchell, Durham
Tom Moore, Greenville
Matt Mutel, New Haven, CT
Randy Neuhaus, Raleigh
George Newton, Durham
Todd H. Nifong, High Point
Mary Norris Oglesby, Chapel Hill
Kenneth D. Okken, Beebe, AR
Jerry Oster, Chapel Hill
Eileen Patrick, Apex
Bernadette Pelissier,
Hillsborough
Cheryl A. Peterson, Cary
Stephen Pomeroy, Durham
Frank G. Potter, Charlotte
John P. Preyer, Chapel Hill
Laura Rampersad, Durham
Wade Rawlins and Judith
Tillman, Raleigh
Elizabeth and Noah Read,
Burlington
Wade and Kathy Reece, Raleigh
Keith Roberts, Kernersville
David Rogers, Raleigh
Mark and Margaret Rose,
Greensboro
Kim and David Safdy, Charlotte
Bruce Schaper, Raleigh
Anne Schamp, Hampstead
Susan and Bill Simpson,
Beaufort
Sandy Sisson, Blowing Rock
Brett Smith, Chapel Hill
Jeffrey Smith, Raleigh
Mike and Vicki Smith, Cary
Stanley Smith, Waynesville
Terry L. and Barbara A. Smith,
Morehead City
Jim Speight, Cary
Megan Squire, Gibsonville
Paul and Caroline Stahlschmidt,
Boone
Don Stephenson, Clayton
Trent Storino, Raleigh
Alvin A. Sturdivant, Jr.,
Wilkesboro
Bud and Hayden Taylor, Sanford
Jimmy Thiem, Raleigh
Tommy L. Thomas, N. Wilkesboro
Christopher Thompson, Cary
Gene Thompson, Henderson
Jim and Amy Thullen, Morehead
City
Steve and Sandra Toler, Bahama
Steven Townsend, Durham
Benjamin Neal Trotter, Angier
Lew Upchurch, Wake Forest
Dr. Doug Veazey, Morganton
Kristin Walker, Raleigh
Jim Walters, Charlotte
Shelton and Delores Wilder,
Deep Gap
Andy and Sondra Wilkinson,
Elberta, AL
Remi Davis Wingo, West
Jefferson
Carter Worthy, Raleigh
Clark and Johanna Wright,
New Bern
Smedes and Rosemary York,
Raleigh

1-Year Members

Matthew Allen, Cary
Ron Altmann and Melissa
Madura-Altmann, Asheville
Jim and Barbara Avery,
Wake Forest
Bob Batura, Raleigh
Damien Blazak, Asheville
Nelson Boyette, Durham

Kirk Bradley, Sanford
Mark Buckalew, Raleigh
Charles Bush, Charlotte
Eric R. Calhoun, Greensboro
Russell and Diane Cannizzaro,
Chapel Hill
Dudley and Caroline Carpenter,
Sparta
Winslow and Harriet Carter,
Durham
Keri and Andy Christensen,
Clayton
Kim Church and Anthony
Uliniski, Raleigh
Brian and Angel Coates,
Greensboro
Tom Coffey, Morganton
Julie Coleman, Chapel Hill
Betsy Crone, Greensboro
Diana Dagenhart, Statesville
Gregory Dahlin
Doug and Teresa Dampier,
Winston-Salem
John and Sherri Dees, Purlear
Fred Dietrich and Jenny Tenor,
Durham
Heidi Domeisen, Marshall
Muriel Easterling, Chapel Hill
Jim Fox
Donald F. Gardner, Lenoir
Patricia Geiger, Boone
Bernie Gillaspie, Raleigh
Pamela Gobel, Raleigh
Kathleen Godwin, Flat Rock
Tom Grimes, Matthews
Patrick Guley
Joshua Harmening,
Winter Park, FL
Ronald M. Hart, Bryson City
Roger Hartley, Asheville
Mac Harward, Cary
Steve Hawley
Barry and Cyndy Hersh,
Blowing Rock
Cynthia Highsmith, Fort Myers
Charles and Virginia Horner,
Raleigh
Robert H. Hrozencik, Vilas
Mary L. Insoe, Stem
John and KK James, Vilas
Joe and Vickie Jernigan, Durham
Norma Johnson, Saxapahaw
Randy Johnson, Banner Elk
Connie Keeney, Pisgah Forest
Bob Kilpatrick, Morganton
Walter King, East Bend
Erin Mattson Kollitz, Raleigh
Bob and Dianna Labreck,
Asheville
Edward Lane, Holly Springs
Howard N. Lee, Chapel Hill
Jim Lindsley, Durham
The Linns, Cary
Tim Long, Hickory
Mary Malicki
Fred A. Martin, Valle Crucis
Bonnie McCaig, Durham
Cheryl Micaela McCardle,
Clayton
Spencer McKay, Raleigh
John McMillen, Sparta
Linda Moore, Winston-Salem
David Mow, Asheville
Barry A. Myers, Raleigh
Jessica O'Bannon
Kevin Olmstead
Dennis O'Neill, Atlanta, GA
Laura and Edward Owens,
Raleigh
Coin Page, Durham
Debra R. Palermo, Newark, DE
Bobby Powers, Candler
Courtney Pernel Rasmussen,
Raleigh
Jay A. Requarth, Winston-Salem
Randall J. Saunders, Cimarron
David Scanlon, Knoxville
Maggie Schlubach, Black
Mountain
Barbara Shaw, Raleigh

Jack Shirey, Boone
Luke Simmons, Raleigh
Joe Slade, West Jefferson
Jerome Smith
Jim Smoak, Wilkesboro
Mr. Lynn Spears, Kill Devil Hills
Brant Sprunger, Henderson
J.D. Stewart, Burlington
Paula J. Stober, Greensboro
Laurie Stradley, Asheville
Melodey Sutherland, Wake Forest
Mara Taylor and Russ Widner,
Raleigh
Gordon W. Tennett, Waynesville
Karl Thiele
Jack Thomas, Mount Airy
Charline G. Tice, Wake Forest
Jon Tillman, Zionville
Patrick and MaryAnn Tormey,
Clayton
Robert Trawick, Cary
William W. Truslow, MD,
Greensboro
Steven Turner and Charlotte
Kassab, Asheville
The Van Erden Family,
Stokesdale
William Vann, Jr., Chapel Hill
Tammie Vass, Reidsville
Scott Wales, Greensboro
Ryan Walsh, Wilton, CT
Scott Ward
Paul Wellborn, Youngsville
Charles A. Westmoreland,
Clemmons
Jane W. White, Asheville
Donny Williams, Jonas Ridge
Graham Wilson, Morganton
Kent and Nancy Wilson,
Kingsport, TN
Dennis and Cathy Winner,
Asheville
Jay Young, Greensboro
S. Charlie Young, Conover

Matching Gifts

Bank of America (1 year)
ExxonMobil (2 year)
IBM (2 year)
Prudential Foundation (2 year)
Volkswagen Group of America
(1 year)

In-Kind Gifts

Chick-fil-A, Wilkesboro (1 year)
Great Smoky Mountains
Association, Gatlinburg, TN
(1 year)
Kohl's - Falls Pointe, Raleigh
(1 year)
Montrail, Asheville (1 year)
Neuse Riverkeeper Foundation
(1 year)
Panera Bread - Falls Village,
Raleigh (1 year)
Panera Bread - Triangle Plaza,
Raleigh (1 year)
Starbucks - Falls Pointe,
Raleigh (1 year)
The Fresh Market - Sutton
Square, Raleigh (1 year)
Triangle Rent-A-Car, Raleigh
(1 year)

Volunteer Members who Donated More than 75 Hours

Jim Ariail*
Bob Benner**
Don Bergey** (2)
David Bland* (3)
Piet Bodenhorst*
Jeff Brewer** (2)
Barth Brooker
Jason Burgess* (2)
Jim Cobb
Tom Coffey
Allen de Hart** (3)
Fred Dietrich* (3)
Tom Dillon (2)

Will Farmer ***(3)
John French*
Bruce Greenwalt
Jane Gurganus (2)
Wilbur Gurganus* (2)
Jim Hallsey** (2)
Jim Hinton
John Jaskolka*
Randy Jones (3)
Bob Kilpatrick
Liz King
John Lanman** (2)
Bob Lindsey*
Howard McDonald*
Steven Mierisch* (3)
Eric Motzno* (2)
Jorge Munoz*
Phil Piaski
Bob Poe*
Keith Roberts*
John Robinson
Gregory Scott**
Skip Sheldon
Terry Smith*
Jim Suiter* (4)
Jenny Tenor (2)
"B" Townes*
Chris Underhill (3)
Doug Veazey*
Don Walton
Shelton Wilder*
Billy Williams*
Donnie Williams
Shawn Williams* (3)
John Willis* (2)

and we extend a special thanks to...

Laura Owens* - who helped
build the trail by volunteering
140 hours in the FMST office.

* volunteered 100 or more hours
** volunteered 200 or more hours
(#) number of task forces volunteer
assisted if greater than one

BOARD OF DIRECTORS

January 1, 2010 to
December 31, 2010

John A. Jaskolka, President
New Bern
Jeff D. Brewer, Vice President
Raleigh
Crawford Crenshaw, Treasurer
Raleigh
Elizabeth King, Secretary
Cary
Jim Anderson
Chapel Hill
Allen de Hart
Louisburg
Emily Grogan
Pinnacle
Steven Joines
Sparta
William S. Sadler
New Bern
Terry Smith
Morehead City
"B" Townes
Boomer
Don Walton
Asheville
Bruce Wisely
Raleigh

STAFF

Kate Dixon
Executive Director



PO Box 10431, Raleigh, NC 27605

Non Profit Org
POSTAGE PAID
Permit #624
Raleigh, NC

RETURN SERVICE REQUESTED

Friends of the Mountains-to-Sea Trail was founded in 1997 to bring together communities and volunteers to build a simple footpath connecting North Carolina's natural treasures for the enjoyment and education of people.

**Visit our new website
to plan your hike and
get involved!**

**www.ncmst.org
919-698-9024**